

INDIAN ASSAM BLACK TEA (3238MG)

A natural stimulant rich in L-theanine - an amino acid which slows down the absorption of caffeine, for alertness without the jitters.

YERBA MATE (123MG)

Sustained energy release. Helps to improve cognitive function.

GINKGO BILOBA (35MG)

A natural nootropic that supports blood-flow to the brain. Has been found to increase antioxidant activity and reduce harmful inflammation.

GOTU KOLA (35MG)

Cognitive enhancing and anti-inflammatory properties alongside providing notable improvements in blood flow

NUTRITIONAL INFO (PER SERVING):

Caffeine: 123mg Calories: 0kcal Fat <0.5g
Carbohydrates <0.5g Protein <0.5g Salt <0.5g