

amisa
DELIGHTFULLY GLUTEN FREE

Amisa is made to be a little different. We understand every body is unique, so we create food to suit individuals. Our products combine peace of mind with pure pleasure, making Amisa the perfect choice for the life you lead. This is food that fits you.

Italian style

Baked to a light, satisfying crunch, our Protein Pomodoro & Basilico Crispbread is infused with the vibrant flavours of tomatoes and aromatic basil. Packed with plant-based protein, it's the perfect wholesome bite to fuel your day.

Protein Pomodoro Crispbread

Enjoy topped with your favourite spread or enjoyed straight from the pack. Inspired by the tastes of the Mediterranean.

To create tasty recipes and find inspiring ideas take a look at www.amisa.co.uk

Store in a cool and dry place/ kühl und trocken lagern/ Conserver dans un endroit frais et sec/ Säilytä viileässä ja kuivassa paikassa/ Διατηρείται σε δροσερό και ξηρό μέρος/ Oppbevar kjølig og tørt/ Bewaar op een koele en droge plaats

Amisa, 6a Lower Teddington Rd., Kingston, KT1 4ER, UK
Amisa, Turfsteker 6, 8433 HT, Haulerwijk, Netherlands

3443-B01-1025



CZ-BIO-001
EU/non-EU Agriculture
EU/nicht-EU Landwirtschaft
Agriculture UE/non UE
Γεωργία ΕΕ/εκτός ΕΕ
EU/niet-EU Landbouw
EU/icke-EU jordbruk

DE: BIO-PROTEIN-KNACKBROT MIT TOMATE UND BASILIKUM
Zutaten: Linsenmehl* (rote Linsen, grüne Linsen, braune Linsen) (78%), weißes Reismehl*, Tomatenmark* (2.1%), Meersalz, Oleoresin-Pfeffer* (Sonnenblumenöl*, roter Pfeffer*), Oregano*, Basilikum* (0.1%).
*= Zertifizierte Bio-Zutaten.
Mindestens haltbar bis: siehe Stempel.
FR: PAIN CROUSTILLANT BIOLOGIQUE AUX PROTÉINES, À LA TOMATE ET AU BASILIC
Ingrédients: Farine de lentilles* (lentilles rouges, lentilles vertes, lentilles brunes) (78%), farine de riz blanc*, concentré de tomates* (2.1%), sel marin, oléorésine de poivre* (huile de tournesol*, poivre rouge*), origan*, basilic* (0.1%).
*= Ingrédients certifiés biologiques.
À consommer de préférence avant le: voir impression.
FI: LUOMUPOTEILIJÄLLEENLEIPÄ TOMAATILLA JA BASILIKALLA
Ainesosat: Linssijauho* (punaiset linssit, vihreät linssit, ruskeat linssit) (78%), valkoinen riisijauho*, tomaattipyyree* (2.1%), merisuola, oleoresiinipippuri* (auringonkukkaöljy*, punainen paprika*), oregano*, basilika* (0.1%).
*= Sertifioidut orgaaniset ainesosat.
Parasta ennen: katso leima.
GR: ΒΙΟΛΟΓΙΚΟ ΠΡΟΤΕΙΝΙΚΟ ΚΡΙΣΠΜΠΡΕΝΤ ΜΕ ΤΟΜΑΤΑ ΚΑΙ ΒΑΣΙΛΙΚΟ Συστατικά: Αλεύρι φακής* (κόκκινη φακή, πράσινη φακή, καφέ φακή) (78%), αλεύρι λευκού ρυζιού*, πάστα ντομάτας* (2.1%), θαλασσινό αλάτι, ελαιολητήνη πιπτεριού* (ηλιέλαιο*, κόκκινη πιπτεριά*), ρίγανη*, βασιλικός* (0.1%). *= Πιστοποιημένα βιολογικά συστατικά. Ανάλυση κατά προτίμηση πριν από: βλέπε σφραγίδα.
NO: ØKOLOGISK PROTEINKNASEBRØD MED TOMAT OG BASILIKUM
Ingredienser: Linsemel* (røde linser, grønne linser, brune linser) (78%), hvitt rismel*, tomatpuré* (2.1%), havsalt, oleoresinpepper* (solsikkeolje*, rød pepper*), oregano*, basilikum* (0.1%).
*= Sertifiserte økologiske ingredienser.
Best før: se stempel.
NL: BIOLOGISCH EIWITCRISPBREAD MET TOMAAT EN BASILICUM
Ingrediënten: Linzenmeel* (rode linzen, groene linzen, bruine linzen) (78%), witte rijstmeel*, tomatenpuree* (2.1%), zeezout, oleoharspeper* (zonnebloemolie*, rode peper*), oregano*, basilicum* (0.1%).
*= Gecertificeerde biologische ingrediënten.
Minstens houdbaar tot: zie Stempel.

100g e

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DELIGHTFULLY GLUTEN FREE

ORGANIC
Protein Pomodoro
CRISPBREAD
With tomato & basil

✓ Gluten free
✓ Vegan
✓ Yeast free

serving suggestion/servivorschlag/suggestion de présentation/tarjoiluehdotus/Πρόταση σερβιρίσματος/serveringsforslag/serveertip

100g e

Protein Crispbread with Tomato and Basil
Organic gluten free



Ingredients: Lentil Flour* (Red Lentils, Green Lentils, Brown Lentils) (78%), White Rice Flour*, Tomato Paste* (2.1%), Sea Salt, Oleoresin Pepper* (Sunflower Oil*, Red Pepper*), Oregano*, Basil* (0.1%). *= Certified Organic Ingredients
Best before: see stamp.

Average Nutritional Values/
durchschnittliche Nährwerte/
valeur nutritionnelle moyenne pour/
keskimääräinen ravintoarvo/
Μέση Διατροφική Αξία/ næringsverdi/
gemiddelde voedingswaarde/
per 100g

ENERGY	1542kJ/364kcal
Energie/énergie/energia/ ενέργεια/energi/energie	
FAT	1.9g
Fett/matières grasses/ rasva/λιπαρά/fett/vetten	
of which saturates	0.4g
davon gesättigte Fettsäuren/ dont acides gras saturés/ josta tyydyttynytä/εκ των οποίων κορεσμένα/hvorav mettet fett/ waarvan verzadigde vetzuren	
CARBOHYDRATE	60g
Kohlenhydrate/glucides/ hiilihydraatit/υδατανθρακες/ karbohydrater/koolhydraten	
of which sugars	1.8g
davon Zucker/dont sucres/josta sokereita/εκ των οποίων σάκχαρα/hvorav sukker/waarvan suikers	
FIBRE	8.4g
Ballaststoffe/fibres alimentaires/ ravintokuitu/εσώδιμες ίνες/fiber/vezels	
PROTEIN	23g
Eiweiß/protéines/proteiini/ πρωτεΐνη/protein/eiwitten	
SALT	0.8g
Salz/sel/suola/λάτι/salt/zout	

100g e