

## Nutritional Information

Serving Size: **1 Capsule**

Servings Per Container: **120**

### Directions:

Take one capsule daily, preferably with a meal or as directed by your Healthcare professional.

Ingredients	Per Serving
<b>Organic Lions Mane Extract (12:1)</b>	<b>150 mg</b>
Providing the equivalent of 1800mg Lions Mane	
<b>Organic Ginkgo Biloba</b>	<b>20 mg</b>
<b>Organic Black Pepper</b>	<b>15 mg</b>

### Ingredients:

Organic Lions Mane Extract (*Hericium Erinaceus*), Organic Ginkgo Biloba, Organic Black Pepper Powder (*Piper Nigrum* L), Organic Brown Rice Flour, Vegetable Capsule Shell (HydroxyPropylMethylCellulose).

### Safety:

Please consult your GP before if you are pregnant or breast feeding. Do not exceed stated dose. Store in a cool, dry place. Keep out of reach of children.

## What's Inside?

Take a closer look at the ingredients in each and every serving.

