

Check My Label Ltd.

Company No. 12022991

enquiries@checkmylabel.co.uk

www.checkmylabel.co.uk



Certificate of Compliance

Certificate Number: CML-1920597

This is to certify that

Fruitful Pregnancy Prenatal Support (60 Capsules)

Complies with the labelling requirements of

Regulation (EU) No 1169/2011, Directive 2002/46/EC, The Food Supplements (England) Regulations 2003, Regulation (EC) No 1333/2008, and Regulation (EC) No 1924/2006

Signed on behalf of

Check My Label Ltd:

Certification Date: 10/07/2024

Issued By: **Sam Conebar**



This document confirms that the product label listed above has been assessed as meeting regulatory requirements at the time of issue by one of our food labelling experts. Labels should be re-submitted for review regularly. Certification does not constitute a guarantee of the legality of the product. Please note, our regulatory analysis is limited to the mandatory information, labelling rules and claims. Since we are not involved in the sourcing and manufacturing of raw materials, we cannot validate aspects related to the quality of finished products or the Novel Food status of any individual ingredients.

Check My Label Ltd.

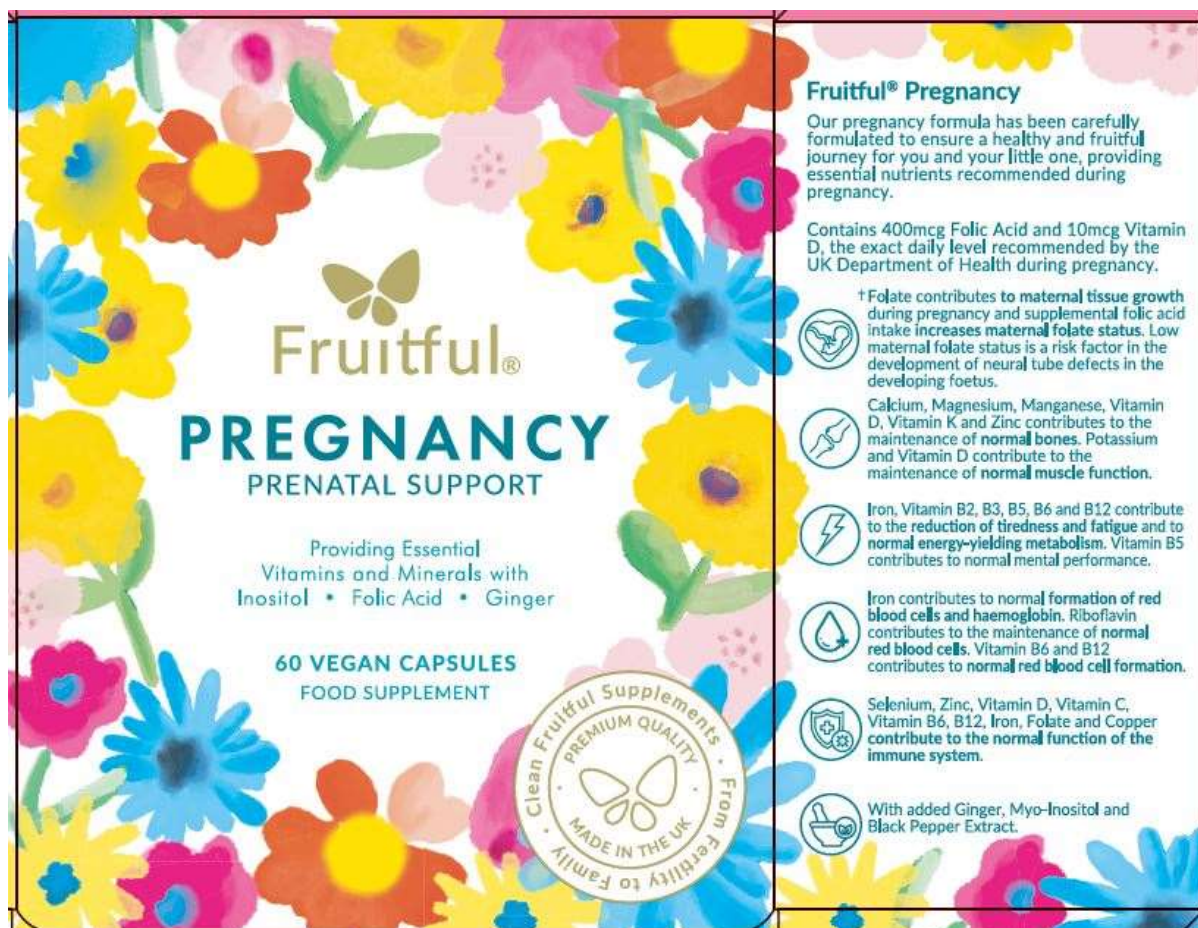
Company No. 12022991

enquiries@checkmylabel.co.uk

www.checkmylabel.co.uk



Label Artwork (Front)



This document confirms that the product label listed above has been assessed as meeting regulatory requirements at the time of issue by one of our food labelling experts. Labels should be re-submitted for review regularly. Certification does not constitute a guarantee of the legality of the product. Please note, our regulatory analysis is limited to the mandatory information, labelling rules and claims. Since we are not involved in the sourcing and manufacturing of raw materials, we cannot validate aspects related to the quality of finished products or the Novel Food status of any individual ingredients.

Check My Label Ltd.

Company No. 12022991

enquiries@checkmylabel.co.uk

www.checkmylabel.co.uk

Check My Label
.co.uk



Label Artwork (Reverse)

Fruitful® Pregnancy Prenatal Support
60 Capsules | 30 Day Supply

Nutritional Information
Serving Size: 2 Capsules

Nutrients	Per Serving	% NRV*
Vitamin D3 (vegan 400iu)	10µg	200%
Vitamin E	5mg α-TE	42%
Vitamin K	50µg	67%
Vitamin C	160mg	200%
Thiamine (B1)	1.1mg	100%
Riboflavin (B2)	1.4mg	100%
Niacin (B3)	16mg NE	100%
Vitamin B6	2mg	143%
Folic Acid	400µg	200%
Vitamin B12	2.5µg	100%
Biotin	50µg	100%
Pantothenic Acid (B5)	6mg	100%
Calcium	150mg	19%
Magnesium	60mg	16%
Iron	15mg	107%
Zinc	10mg	100%
Copper	1mg	100%
Manganese	2mg	100%
Selenium	55µg	100%
Molybdenum	50µg	100%
Iodine	200µg	133%
Ginger Root	200mg	**
L-Choline	50mg	**
Myo-Inositol	50mg	**
Boron	1mg	**
Black Pepper Extract	1mg	**

* Nutrient Reference Value ** No NRV established

Made in the UK

DIRECTIONS
Take two capsules daily on a full stomach. Do not exceed the recommended daily intake.

Ingredients: Magnesium Citrate, Calcium Carbonate, Ginger Root Powder, Vegan Capsule Shell (Hydroxypropyl Methylcellulose), Vitamin C (Calcium Ascorbate), L-Choline Bitartrate, Ferrous Bisglycinate, Myo-Inositol, Zinc Citrate, Nicotinamide, Sodium Borate, Manganese Citrate, Calcium D-Pantothenate, Vitamin E (D-Alpha Tocopherol Acid Succinate), Vegan Vitamin D3 from Lichen (Cholecalciferol), Selenium-Enriched Yeast, Copper Citrate, Pyridoxine Hydrochloride, Riboflavin 5'-Phosphate, Thiamine Hydrochloride, Vitamin K (Phylloquinone), Black Pepper Extract (95% Piperine), Calcium L-Methylfolate, Potassium Iodide, Ammonium Molybdate, Biotin, Vitamin B12 (Methylcobalamin).

While taking Fruitful® Pregnancy there is no need to take an additional multi-vitamin. This supplement is safe to take during pregnancy and breastfeeding.

We recommend taking Fruitful® Vegan DHA Omega 3 alongside this product.

Our clean Fruitful® vegan capsules are free from fillers, binders, anti-caking and flowing agents and preservatives.

Vegan

Fruitful®
from fertility to family™

Fruitful was born from our founders' own personal journey to parenthood and is committed to producing clean, premium supplements, supporting individuals and couples from fertility to family.

fruitfulfamily.co.uk

†For women of child-bearing age, beneficial effect is obtained with a supplemental folic acid daily intake of 400µg for at least one month before and up to three months after conception.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

If taking any other supplements or medications, seek advice from your doctor before use.

Not suitable for children under 18 years.

This product contains Iron which, if taken in excess, may be harmful to very young children.

Store in a cool dry place out of sight and reach of children.

For best before end, see base.

Manufactured in the UK to GMP Standards.

061060 410029 5

SCAN HERE FOR PRODUCT DETAILS, RECYCLING INFO, AND MORE ABOUT US.

fruitfulfamily.co.uk

Fruitful® is a trademark of Fruitful Family Ltd
D18CB48, IRL
Bracken Road No 51, Dublin,
EU Address: Fruitful Family Ltd,
Fruitful Family Ltd, Bath, BA1 2FJ, UK

Made in the UK

This document confirms that the product label listed above has been assessed as meeting regulatory requirements at the time of issue by one of our food labelling experts. Labels should be re-submitted for review regularly. Certification does not constitute a guarantee of the legality of the product. Please note, our regulatory analysis is limited to the mandatory information, labelling rules and claims. Since we are not involved in the sourcing and manufacturing of raw materials, we cannot validate aspects related to the quality of finished products or the Novel Food status of any individual ingredients.