



DANDS®

Baking since 1969, our family business has a passion for sourcing, creating and sharing authentic & traditional global recipes for you to enjoy. Our delicious dips use cold-press innovation, removing the need for any artificial preservatives, helping to keep all the goodness locked in. Our traditional Lebanese hummus is blended to be super smooth and creamy.

It's this creaminess that helped our hummus become award winning.

✓ NO ARTIFICIAL PRESERVATIVES

✓ LOW IN SUGAR

✓ SOURCE OF FIBER

✓ CREAMY RECIPE

ALLERGY ADVICE:
Our facility handles wheat, rye, barley, oats, milk, eggs and their derivatives, tree nuts, peanuts, soya, mustard, celery and sesame.

STORAGE:
Keep refrigerated < 5°C. Once opened, consume within 4 days.

All packaging is recyclable expect plastic seal

Expiry Date:

NO LID

We use less plastic, try this belt instead to re-seal your tub for the next meal!

Produced at Wooden Bakery sal - Lebanon
Dands is a trademark by Dips And Sticks Ltd.
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@dandsdipsandsticks

MY INGREDIENTS:
Cooked Chickpeas(50%), Vegetable Oil (Sunflower), Tahini(10%)(Sesame Seeds), Salt, Acidity Regulator (Citric Acid (E330)), Water.
Nothing else added!

Energy(Kcal) per pot 230g - 527Kcal

Nutritional Information	Per 100g	% Daily Value*
Energy (kJ)	958	-
Energy (kcal)	229	-
Fat (g)	10.3	13%
of which saturates (g)	1.3	7%
Carbohydrate (g)	28	10%
of which sugars (g)	<1	-
Fibre (g)	3.4	12%
Protein (g)	6	12%
Salt (g)	1.1	-

RI = % of your daily reference intake

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