

Nutrients per 100 gram/mililiter

Article	Mini mum shelf life upon deliv ery	Mini mu m shel f life upo n	Nutrients per 100 gram/mililiter										INGREDIENTS		
			Calories (in Kjoules)	Calories (in Kcal)	Fat (in gram)	of which saturated fat (in gram)	Mono fat	Unsaturated fat	Carbohydrates (in gram)	Sugars (in gram)	Protein (in gram)	Salt (in gram)		Fibres (in gram)	
ZYMI ORGANIC BREADSTICKS WITH FLORINA PEPPER, CHILLI & PAPRIKA	200	240	1459	348	19	4	13		38	1		6	1.1	2	Ingredients: (EN) <b>wheat flour*</b> , extra virgin olive oil*(17%), white wine* (contains <b>sulfites</b> ), Florina red pepper*(9%), sunflower oil*, green chilli*(1%), baking powder*, salt, paprika* (0.5%)
ZYMI ORGANIC BREADSTICKS WITH SPINACH, DILL & ONION	200	240	1566	374	19	4	13		43	2		13	1.07	5	Ingredients: (EN): <b>wheat flour*</b> , extra virgin olive oil*(16%), white wine* (contains <b>sulfites</b> ), sunflower oil*, spinach*(5%), onion*(4%), dill* (1%), baking powder*, salt
ZYMI ORGANIC BREADSTICKS WITH KALAMATA OLIVES, THYME & OREGANO	200	240	1500	358	20	4	14		38	0.2		6	0.6	2	Ingredients: (EN) <b>wheat flour*</b> , extra virgin olive oil*(17%), white wine*(contains <b>sulfites</b> ), green olives*, sunflower oil*, Kalamata olives* (2%), thyme*(1%), oregano*(1%), baking powder*
ZYMI ORGANIC BREADSTICKS WITH BEETROOT & GARLIC	200	240	1567	365	19	4	13		48	3		8	1.04	3	Ingredients: (EN) <b>wheat flour*</b> , extra virgin olive oil*(16%), beetroot juice*, beetroot* (8%), white wine* (contains <b>sulfites</b> ), sunflower oil*, garlic*(1%), baking powder*, salt
ZYMI ORGANIC BISCUITS WITH ALMONDS, SESAME & ORANGE JUICE	200	240	1417	338	9	1	6		53	15		9	0.46	4.6	Ingredients: (EN) <b>wheat flour*</b> , orange juice* (16%), extra virgin olive oil* (14%), coconut sugar*(11%), roasted <b>almonds*</b> (11%), sunflower oil*, <b>sesame*</b> (3%), orange zest*, baking powder*

ZYMI ORGANIC BISCUITS WITH CINNAMON, ORANGE JUICE & SESAME	200	240	1782	422	21	4	13		51	13		7	0.19	4	Ingredients: (EN) <b>wheat flour*</b> , extra virgin olive oil*(17%), coconut sugar*(11%), orange juice*(10%), <b>sesame*</b> (9%), sunflower oil*, cinnamon*(1%), baking powder*, clove*
ZYMI ORGANIC BISCUITS WITH TAHINI, DARK CHOCOLATE & SALT FLAKES	200	240	1528	421	21	5	12		48	22		6	1.18	4.5	Ingredients: (EN) <b>wheat flour*</b> , dates*(16%), extra virgin olive oil*(14%), orange juice*, dark chocolate couverture 80%* (cocoa mass*, coconut sugar*, cocoa butter*, emulsifier: <b>soy lecithin*</b> , vanilla extract*)(11%), tahini* ( <b>sesame seeds peeled*</b> )(9%), sunflower oil*, salt flakes(1%), baking powder*, cinnamon*
ZYMI ORGANIC BISCUITS WITH CAROB, DARK CHOCOLATE & DATES	200	240	1440	344	17	5	11		50	20		8	0.24	8	Ingredients: (EN) <b>wheat flour*</b> , orange juice*, <b>carob powder*</b> (15%), extra virgin olive oil*(15%), dark chocolate couverture 80%* (cocoa mass*, coconut sugar*, cocoa butter*, emulsifier: <b>soy lecithin*</b> , vanilla extract*)(8%), coconut sugar*, dates*(6%), sunflower oil*, orange zest*, baking powder*
ZYMI ORGANIC BITES WITH FLAXSEED, PUMPKIN SEED & SUNFLOWER SEED	200	240	1617	387	17	3		14	51	5		11	1.7	4	Ingredients: (EN) <b>wheat flour*</b> , pumpkin seed*(7%), sunflower seed*(7%), vegetable margarine* (coconut oil*, sunflower oil*, emulsifier: <b>soy lecithin*</b> , lemon extract*, sea salt), oat milk* (water, <b>oats*</b> , salt, sunflower oil*), coconut sugar*(7%), extra virgin olive oil*(5%), flaxseed*(2%), baking powder*, salt
ZYMI ORGANIC BITES WITH CAROB, BLACK & WHITE SESAME	200	240	1595	382	15	3		12	58	10		10	1.6	8	Ingredients: (EN) <b>wheat flour*</b> , <b>carob powder*</b> (11%), <b>sesame seed*</b> (11%), coconut sugar*(10%), black <b>sesame seed*</b> (5%), extra virgin olive oil*(5%), oat milk* (water, <b>oats*</b> , salt, sunflower oil*), vegetable margarine* (coconut oil*, sunflower oil*, emulsifier: <b>soy lecithin*</b> , lemon extract*, salt), salt, baking powder*