

Product Code 0688



Carley's of Cornwall Ltd, Chacewater, TR4 8FP www.carleys.co.uk. Just **one** ingredient: organic **ALMONDS**.

Allergens in **BOLD**. Contains **NUTS (!)** We are very careful to avoid any risk of cross contamination. **However, as we also process sesame, mustard, other tree nuts and peanuts, traces may be present.** Made using a range of varieties of European whole almonds. Stir to mix oil, store cool, dark and upright. Eat within two months of opening. **Organic almonds can naturally contain hard fragments from the cropping process. We cannot guarantee to have found every piece.**

Best Before: see lid Made in the UK by Carley's of Cornwall. Imported into the EU by Independent Irish Health Foods Ltd, Ballyvourney, Co. Cork R.O.I.



GB-ORG 05
NON UK
Agriculture

Carley's 500g

ORGANIC RAW WHOLE ALMOND BUTTER



Produced in Cornwall ~ Trevas Kernow

✓Raw ✓Gluten-free ✓Vegan ✓No added sugar ✓No added salt



Delicious calcium rich almond spread ~great in snacks, breakfast bowls, sauces, dressings, nut milk, dips and baking. Carefully milled purely from unroasted almonds.

In our dedicated organic factory we never use refined oils, palm fat, emulsifiers or anything artificial. Carley's is family owned and independent, proudly Soil Association certified since 1992. Annually we generate more electricity from our PV panels than we use and we strive for zero waste.

NUTRITIONAL INFORMATION PER 100g

Energy	640kcal 2678kJ
Fats	51g
of which Saturates	3.7g
Carbohydrates	20g
of which sugars	4.8g
Fibre	11.8g
Protein	21g
Calcium 30% of RDI	0.248mg
Salt	0.0025g



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