

✦ MUSCLE FUNCTION

✦ ENERGY RELEASE

✦ IMMUNE SUPPORT

THE
ORGANIC
PROTEIN Co.

NOW WITH LOWER CADMIUM CACAO

ORGANIC WHEY PROTEIN

CACAO & MACA



1.2kg e | 48 servings

FREE FROM ULTRA PROCESSED RUBBISH

Our organic whey protein powder is made without chemicals.

Filtered fresh whey from cheesemakers using organic milk from cows grazing on grass pastures. Turning waste into quality highly bioavailable protein, providing your body with rapid support from head to toe.

INGREDIENTS

Organic whey protein concentrate from organic milk (69%), organic cacao powder (18%), unrefined organic coconut sugar (7.6%), organic maca powder (5%), Himalayan pink salt (0.4%)

DIRECTIONS

Mix one serving (25g) with 75-100ml of water or milk in a blender, shake vigorously in a hand shaker for 30 seconds, or use a handheld milk frother. Add the liquid first to prevent lumps. Use as needed or 1-2 times daily. If you're using a blender, you may need to add more liquid. A great addition to yoghurt, smoothies, and overnight oats. 25g is roughly equivalent to 2 of our scoops, 3 1/2 tbsp, 60ml, or 1/4 cup. For a precise measurement, use scales.

ORGANIC WHEY FLAVOUR O-METER

We only add real whole foods, so less liquid = the best taste

MADE WITH 100% REAL INGREDIENTS

COLD FILTERED UNDENATURED & BIOACTIVE*
HIGH BIOAVAILABILITY
NO ADDITIVES
RICH CHOCOLATEY TASTE
RAPIDLY DIGESTED

*80% undenatured, thanks to low temperature filtration. Bioactive = beneficial proteins & antibodies (see bottom left).
✦ Not a substitute for a varied and balanced diet & healthy lifestyle.

This product contains:
Calcium / contributes to normal energy-yielding metabolism & normal muscle function
Copper and Iron / contribute to normal energy-yielding metabolism & the normal function of the immune system
Manganese & Phosphorus / contribute to normal energy-yielding metabolism

Transparency from field to pack

The ingredients in this pack come from:

Whey Protein - Germany, **Cacao** - Peru or Sierra Leone, **Maca** - Peru, **Coconut Sugar** - Indonesia, **Himalayan Pink Salt** - Pakistan

Mixed together and packed in the UK.

We publish independent nutritional test certificates for every batch and give detailed information on all our ingredients at: theorganicproteinco.com/transparency

Working for a better future

We give 25p to Compassion in World Farming for every pack to help bring an end to factory farming, with over £50,000 donated so far.

60% PROTEIN

Nutrition information

| Typical values | Per 100g | Per 25g serving |
|--------------------|----------|-------------------|
| Energy kJ/kcal | 1645/390 | 411/98 |
| Fat | 6.5g | 1.6g |
| of which saturates | 4.0g | 1.0g |
| Carbohydrate | 18g | 4.5g |
| of which sugars | 11.1g | 2.8g |
| Fibre | 11.1g | 2.8g |
| Protein | 60g | 15g |
| Salt | 0.84g | 211mg |
| Calcium | 615mg | 154mg (19% RI) |
| Phosphorus | 435mg | 109mg (15.57% RI) |
| Iron | 9.1mg | 2.30mg (16.3% RI) |
| Copper | 1.3mg | 0.33mg (33% RI) |
| Manganese | 1.8mg | 0.45mg (23% RI) |

RI = Reference intake of an average adult (8400 kJ/2000 kcal)

Bioactive proteins & antibodies

| Per 100g | | |
|--------------------|--------|------------------------------|
| Alpha Lactalbumin | 7.25g | Immunoglobulin G (IgG) 2.28g |
| Beta Lactoglobulin | 26.29g | Lactoferrin 202.2mg |

Once opened, keep sealed, in a cool, dry place and use within 6 months

Amino acids

| Per 100g (*=BCAA) | | | |
|-------------------|-------|---------------|-------|
| Alanine | 3.33g | Lysine | 6.14g |
| Arginine | 1.61g | Methionine | 1.27g |
| Aspartic Acid | 6.85g | Phenylalanine | 2.21g |
| Cysteine | 1.4g | Proline | 3.74g |
| Glutamic Acid | 11g | Serine | 3.65g |
| Glycine | 1.23g | Threonine | 4.13g |
| Histidine | 0.95g | Tryptophan | 1.14g |
| Isoleucine* | 3.36g | Tyrosine | 1.76g |
| Leucine* | 6.19g | Valine* | 3.41g |