

Iron Assist

Milk chocolate
encapsulated
vitamin domes

NUTRITION INFORMATION			
Typical Values	Per 100g	Per Portion (4.75g)	RI per portion (4.75g)
Energy	2298 kJ 549 kcal	109 kJ 26 kcal	1%
Fat - saturated	34.7g 20.8g	1.6g 1g	2%
Carbohydrate - sugars	50.0g 48.7g	2.4g 2.3g	1% 2%
Fibre	2.9g	0.1g	1%
Protein	7.4g	0.4g	0%
Salt	0.2g	<0.01g	
Vitamins			
Vitamin C (L-ascorbic acid)	421mg	20mg	25%
Vitamin B6	42mg	2mg	140%
Vitamin B12	126mcg	6mcg	240%
Minerals			
Iron (Microencapsulated ferric saccharate)	253mg	12mg	86%

COCOA ▲



GLUTEN
FREE

VEGETARIAN
FRIENDLY

