

270°C

HIGH SMOKE POINT

Ensures no valuable nutrient is lost during cooking

HEALTHY FATS

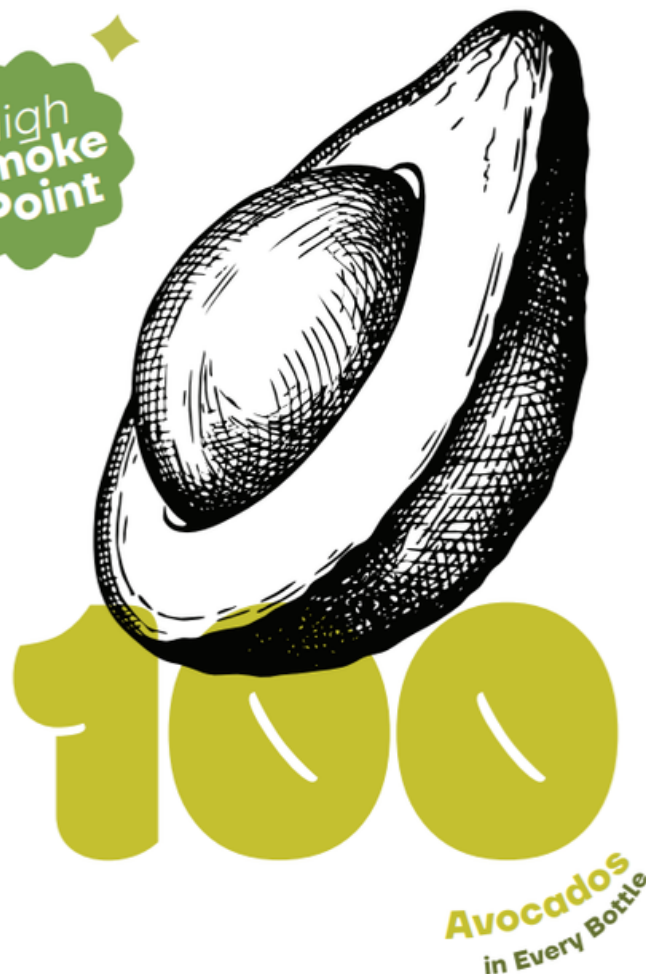
RICH IN OMEGA-3, 7 & 9

100% PURE

WONKY AVOCADOS ONLY

FOR DAILY COOKING

omega
pressery



Avocados
in Every Bottle

LIGHT & MILD

100% PURE
**AVOCADO
OIL**

FOR COOKING,
GRILLING, FRYING & ROASTING



1L

BIG LOVE FROM KENYA

From the sun-kissed orchards of Mt. Kenya, our avocados are freshly handpicked by a select network of smallholder farmers and pressed at peak ripeness to deliver a smooth and neutral tasting, versatile oil.

Each bottle reflects our commitment to transparent sourcing and regenerative farming, supporting sustainable practices, traceability, and fair profit-sharing that uplifts our farmer livelihoods.

Ingredient	100% Avocado Oil	Origin	Mt. Kenya, Kenya
Variety	Hass	Production	Naturally Refined

LIGHT, MILD & NEUTRAL TASTE

Nutrient Facts

Serving size	1 tbsp (15ml)
Amount per 100g	
Calories	866 kcal / 3627 kJ
Total Fat	100g
Saturated Fat	18.6g
Polyunsaturated Fat	11.7g
Monounsaturated Fat	69.7g
Total Carbs	0g
Of which added sugars	0g
Protein	0g
Salt / Sodium	0g

Vitamin E 16mg per 100ml

Store in cool dark place at room temperature. Use within 6 months of opening seal

NonGMOVeganKeto

Bottled in the UK for Omega Pressery
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Best Before



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You know, there's no magic bullet. You've got to eat healthy and live healthy to feel healthy and look healthy.