

True Veda Organic Triphala

# 100% ORGANIC

CLEAN. PURE. EFFECTIVE.

## SUPPLEMENT FACTS

Serving Size: 2 Vegetarian Capsule  
Servings per Container: 30

### Amount Per 2 Capsules

Organic Triphala 800 mg<sup>†</sup>  
Full-Spectrum Standardized CO<sub>2</sub>  
and Water Extract 10:1 Herb to  
Extract Ratio\*\*  
(Embolica officials, Terminalia chebula,  
Terminalia bellirica, 35% Tannins)

\*\*Equivalent to whole plant Triphala 8 g

\*Nutrient Reference Value not established

Other Ingredients: Plant-based Hypromellose  
Capsules.



**Description:**

Literally meaning “three fruits” in Sanskrit, it is a combination of three fruits, all native to the subcontinent of India. These fruits are, Amalaki (*Embllica officinalis*), Bibhitaki (*Terminalia belerica*) and Haritaki (*Terminalia chebula*). Our Organic Triphala capsules are pure & clean and are suitable for vegetarians and vegans. Made from the highest quality Organic Triphala extract, we have pioneered a technology that combines CO<sub>2</sub> and water-based extracts to create a new generation of supplements that have all the plant’s active components but are extracted from plants in the most natural way. With this technology, we create an extremely concentrated and potent supplement. This holistic supplement delivers the wisdom of nature with a little going a long way!

**General Benefits:**

Our Triphala supplements help to provide natural antioxidant effects. Not only are they proven to support healthy digestion but they also cleanse and detoxify the body, aiding overall health and wellbeing.