

Fushi's superfood juices are biodynamically grown, cold-pressed, and 100% raw and pure to retain their optimal nutritional benefits.

We believe in being honest to our customers, kind to our planet and responsible for our actions. Visit our website for further information on our ethical policy.

Ingredients:

Fresh-Pressed® unpasteurised Amla Juice 99.7% - Indian Gooseberry (*Emblica officinalis*), Potassium Sorbate (from berries of mountain ash), Sodium Benzoate (from apples).

Harvest Date:

Man Date:

Exp Date:

Batch:



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ABOUT AMLA >



Fushi is a registered trademark.
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fushi

FRESH-PRESSED® AMLA JUICE



Cold-pressed
& unfiltered



1 bottle = 1kg
Amla berries



1 shot = 330mg
Vitamin C



No added water
or flavours

BOOST

500ml



Directions: Shake before use. Once opened keep refrigerated and use within 4 weeks of opening.
Dosage: Take 30ml of juice mixed with half a glass of water before food twice a day or drink as directed by your healthcare practitioner.

Origin: India

Cautions: Do not exceed stated recommended daily dose. Pregnant and breastfeeding mothers should not consume the juice. If taking any medication or under medical supervision, please consult a doctor or healthcare professional before use. Keep out of sight of children. Food Supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Do not use if the seal is broken.

Not suitable for children under 12 years old.

No added: Wheat, lactose, preservatives, artificial colours, sugars, flavours or yeast.

Nutritional Information	Typical value per 100ml	%NRV*	30ml serving	%NRV*
Energy	33.3kcal		10kcal	
Carbohydrate of which sugars	7.74g		2.32g	
Protein	-		-	
Total Fat	0.56g		0.17g	
Vitamin C	0g		0g	
Calcium	1100mg	1375	330mg	412.5
Iron	15.52mg	1.94	4.66mg	0.58
Phosphorus	3.94mg	28.14	1.18mg	8.42
Salt	46.71mg	6.67	14.01mg	2
	255.20mg		76.56mg	

*NRV+ nutrient reference value