NUTRITION INFORMATION

Typical values per 100ml prepared fee	
Energy	270kJ
	66kcal
Fat	3.4g
of which, saturates	1.2g
of which, monounsaturates	
of which, polyunsaturates	0.53g
- linoleic acid (omega 6)	400mg
- α-linolenic acid (omega 3)	53mg
- docosahexaenoic acid (DHA) (omega 3)	15mg
- arachidonic acid (AA) (omega 6)	16mg
Carbohydrate	7.3g
of which, sugars (lactose)	7.3g
Fibre	0.10g
of which, 2'-fucosyllactose (2'-FL)	0.10g
Protein	1.3g
Vitamins	
Vitamin A	56µg
Vitamin D ₃	1.4µg
Vitamin E	1.5 mg α-TE
Vitamin K₁	6.7µg
Vitamin C	12mg
Thiamin (B ₁)	0.062mg
Riboflavin (B ₂)	0.12mg
Niacin (B ₃)	0.66mg
Vitamin B ₆	0.036mg
Folic acid	22µg DFE
Vitamin B ₁₂	0.18µg
Biotin	2.3µg
Pantothenic acid	0.35mg
Minerals	
Sodium	19mg
Potassium	70mg
Chloride	57mg
Calcium	57mg
Phosphorus	39mg
Magnesium	4.6mg
Iron	0.65mg
Zinc	0.49mg
Copper	0.049mg
Manganese	0.0090mg
Fluoride	0.0065mg
Selenium	2.5µg

Nutrition information and ingredients for First Infant Milk, updated March 2025

lodine	13µg
Others	
Choline	21mg
Taurine	4.6mg
Carnitine	0.90mg
Inositol	3.9mg

INGREDIENTS

Pasteurised goat whole **milk**, lactose (from **milk**), vegetable oil blend (high oleic sunflower oil, rapeseed oil, sunflower oil, antioxidants (sunflower lecithin, tocopherol-rich extract)), pasteurised goat **milk** powders, oil from the microalgae *Schizochytrium* sp., 2'-fucosyllactose (from **milk**), *Mortierella alpina* oil, calcium citrate, choline chloride, sodium citrate, L-tyrosine, calcium hydroxide, L-tryptophan, L-cystine, L-isoleucine, taurine, ferrous sulphate, dl-α-tocopheryl acetate, L-ascorbic acid, zinc sulphate, potassium chloride, inositol, nicotinamide, cholecalciferol, retinyl acetate, L-carnitine. calcium d-pantothenate, cyanocobalamin, copper sulphate, phytonadione, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, manganese sulphate, folic acid, potassium iodide, sodium selenite, d-biotin.

Allergy Advice: For allergens, see ingredients in **bold**. This product contains 38% goat milk on a dry matter basis

Important Notice: Breastfeeding is best for babies. It is recommended that Nannycare First Infant Milk is used only on the advice of a healthcare professional responsible for maternal and childcare. Do not allow prolonged contact of milk feeds with your baby's teeth. Make sure your baby's teeth are cleaning after the last feed at night.