

DID YOU KNOW...

Mushrooms talk to trees? Sometimes called the "wood wide web", these conversations can issue warnings about drought and disease.

Some say that the mushroom has a magical gift, to clear up a fog, make energy lift, to heal up your system, make everything right, some mixed like a potion, make the world out of sight. Our magical funghi is the right kind of snack, to give you the vitals you vitally lack, so we lovingly give from the roots of our tree, it's the tastiest shroom that ever can be.

A natural source of VITAMIN D

Contain BETA GLUCANS which lower cholesterol

Eating regularly may help BOOST the immune system

SHIITAKE MUSHROOMS WITH BLACK TRUFFLE FLAVOUR

(GB) Ingredients: Shiitake Mushrooms, Rice Bran Oil, Black Truffle Seasoning Powder. Store in a cool dry place. Best before: (see right). Consume immediately after opening.

(FR) Ingrédients: Champignons Shiitake, Huile De Son De Riz, Poudre D'assaisonnement À La Truffe Noire. À consommer de préférence avant le: (regardez droit). À consommer rapidement après ouverture.

(D) Zutaten: Shiitake-pilze, Reiskeleöl, Gewürzpulver Mit Schwarzen Trüffeln. Kühl und trocken lagern. Mindestens haltbar bis: (schauen Sie recht). Unmittelbar nach dem Öffnen verbrauchen.

(E) Ingredientes: Hongos Shiitake, Aceite De Salvado De Arroz, Polvo De Condimento De Trufa Negra. Conservar en un lugar fresco y seco. Consumir preferentemente antes del: (parezca derecho). Una vez abierto consumir inmediatamente.

(NL) Ingrediënten: Shiitake-paddenstoelen, Rijstzemelenolie, Zwarte Truffelkruidenpoeder. Bewaar op een koele en droge plaats. Tenminste houdbaar tot: (kijk net). Consumer direct na openen.

(DK/NO/SE) Ingredienser: Shiitakesvampe, Risklidolie, Sort Trøffelkrydderipulver. Opbevaret køligt og tørt / Förvaras torrt och svalt. Bedst før / Bäst före: (se til højre / ser rätt). Konsumeres bedst øjeblikkeligt efter åbning / Bör konsumeras direkt efter öppning.

(FI) Ainesosat: Shiitake-sienet, Riisileseölly, Musta Tryffelimaustejauhe. Säilytys kuivassa ja viileässä. Parasta ennen: (näytä oikealta). Parhaimmillaan heti avaamisen jälkeen.

(GR) Συστατικά: Μανιτάρια Shiitake, Λάδι Από Πίτουρο Ρυζιού, Σκόνη Καρυκευμάτων Μαύρης Τρούφας. Αποθηκεύστε σε δροσερό, ξηρό μέρος. Καλύτερο πριν: (βλ. δεξιά). Καταναλώστε αμέσως μετά το άνοιγμα.

(IT) Ingredienti: Funghi Shiitake, Olio Di Crusca Di Riso, Polvere Di Condimento Al Tartufo Nero. Conservare in luogo fresco e asciutto. Da consumarsi preferibilmente entro: (vedi a destra). Consumare subito dopo l'apertura.

(PT) Ingredientes: Cogumelos Shiitake, Óleo De Farelo De Arroz, Tempero Em Pó Para Trufas Negras. Armazenar em local fresco e seco. Consumir de preferência antes: (veja à direita). Consumir imediatamente após a abertura.

ALLERGY ADVICE: May contain; Soya Beans.

NUTRITIONAL INFORMATION

Typical Values	per 100g	per pack (42g)	% RI*
Energy	1744kJ 417kcal	732kJ 175kcal	9%
Fat	13.4g	5.6g	28%
of which saturates	6.0g	2.5g	13%
Carbohydrate	56.4g	23.7g	18%
of which sugars	25.6g	10.8g	
Fibre	18.5g	7.8g	26%
Protein	8.6g	3.6g	
Salt	189.0mg	79.0mg	1%

* Reference intake of an average adult (8400kJ/2000kcal)

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