

## Product

| Name  | Night Support 30 Veggie Caps  |  |
|---|---|--|
| Description   | Balanced Night Support 30 Veggie Caps in our 100% reusable and recyclable bottle. Contains Vitamin B6 and Magnesium which contributes to normal psychological function. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar. |  |
| Code  | BAL28   |  |
| Barcode   | 5056078809163   |  |
| Country of Origin*  | Made and packed in the UK.  |  |
| *Country of origin may vary from time to time and the origin stated in this document is not guaranteed. |   |  |

## Packaging

| Net Content     | 30 Veggie Capsules   |  |
|-----------------|--|--|
| Packaging Type* | Amber glass bottle, aluminium foil seal and aluminium lid. 100% reusable & recyclable. |  |
|                 |  |  |

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## Shelf Life

| Maximum Shelf Life | 2 Years               |
|--------------------|-----------------------|
| Storage Conditions | Ambient (15°C - 20°C) |

## 1 Capsule Provides

| Active Ingredient |       | *NRV% |
|-------------------|-------|-------|
| 5HTP              | 150mg |       |
| Magnesium         | 10mg  | 3     |
| Vitamin B6        | 1.5mg | 107   |
| Selenium          | 55ug  | 100   |

\* Nutritional Reference Value for Daily Recommended Intake

| Ingredients | 5 HTP (Extracted from <i>Griffonia simplicifolia</i> ), Capsule Shell (Vegetable<br>Cellulose (HPMC), Magnesium Bisglycinate, Chamomile ( <i>Matricaria recutita</i> ),<br>Reishi Mushroom Extract ( <i>Ganoderma lucidium</i> ), Ashwagandha Root<br>( <i>Withania somnifera</i> ), Hop ( <i>Humulus lupulus</i> ), Schisandra Berry ( <i>Shisandra<br/>chinensis</i> ), Maca Root ( <i>Lepidium meyenii</i> ), Myo-inositol, Selenium, Vitamin B6<br>(Pyrodoxine HCL). |
|-------------|--|
| Allergens   | n/a  |

| Certifications          | Vegan Society  |
|-------------------------|--|
| Serving<br>Requirements | Adults take 1 capsule after your last main meal of the day, or as directed by a healthcare professional. |