



Mushroom Superblend 8 Mushroom Formula



IMMUNITY &
WELLBEING



ENERGY
& FOCUS



REDUCE CELLULAR
STRESS

A nourishing blend of Lions Mane, Maitake, Chaga, Cordyceps Sinensis, Reishi, Shiitake, King Trumpet & Tremella

FOOD SUPPLEMENT

160 g | 40 Servings

DESCRIPTION

Applied Nutrition's Mushroom Superblend is a combination of 8 of the most powerful mushrooms to support your overall health, immunity and vitality. Our unique mushroom blend is the perfect way to boost your immune health, cognitive abilities, stress management, digestive health and improved energy levels, naturally and effectively. Our mushroom extract powder can be added without any preparation to smoothies and soups, or sprinkled on foods. Alternatively, add 1 level teaspoon to your favourite hot drink. Stir well.

MUSHROOM BENEFITS

- Immunity & wellbeing
- Energy & focus
- Reduce cellular stress
- Gluten free
- Vegan friendly
- Halal certified product

SUGGESTED USE

1 level teaspoon = 40 servings (based on 4g serving). Recommended serving is 1-3 daily. Scoops are estimate only, weighing scales are recommended.



HOT DRINKS



SMOOTHIES



JUICES



STIR-FRIES

NUTRITIONAL INFORMATION

Serving Size: 1 Level Teaspoon (4g) - Servings Per Pack: 40

| | Per (100g) | Per Serving (4g) |
|--------------------|--------------------|------------------|
| Energy | 1475 kJ / 350 kcal | 59 kJ / 14 kcal |
| Fat | 3.3 g | 0.13 g |
| of which Saturates | 0 g | 0 g |
| Carbohydrates | 52.5 g | 2.1 g |
| of which Sugars | 0.8 g | <0.05 g |
| Fibre | 7.5 g | 0.3 g |
| Protein | 27.5 g | 1.1 g |
| Salt | 0.1 g | <0.01 g |
| Lions Mane | 12.5 g | 500 mg |
| Cordyceps | 12.5 g | 500 mg |
| Reishi | 12.5 g | 500 mg |
| Chaga | 12.5 g | 500 mg |
| Shiitake | 12.5 g | 500 mg |
| Maitake | 12.5 g | 500 mg |
| Tremella | 12.5 g | 500 mg |
| King Trumpet | 12.5 g | 500 mg |

INGREDIENTS

Lions Mane (*Hericium Erinaceus*) 10:1 Extract, Cordyceps (*Cordyceps Sinensis*) 10:1 Extract, Reishi Mushroom (*Ganoderma Lucidum*) 10:1 Extract, Chaga Mushroom (*Inonotus Obliquus*) 10:1 Extract, Shiitake Mushroom (*Lentinus Edodes* (Berk.) sing) 10:1 Extract, Maitake Mushroom (*Grifola Frondosa*) 10:1 Extract, Tremella Mushroom (*Tremella Fuciformis* Berk.) 10:1 Extract, King Trumpet Mushroom (*Pleurotus Eryngii*) 10:1 Extract.

ALLERGENS: No common allergens included. Made in a facility that handles milk, egg, soy, fish, celery, and cereals containing gluten and products thereof.

CAUTION

Not recommended for children or pregnant women. Keep out of reach of young children. Do not consume if under the age of 18. Not to be used as a substitute for a varied diet. Do not exceed recommended dosage.

STORAGE

Store in a cool, dry place. For Best Before dates and Batch Number, see pack.