

## PLASTIC-FREE & COMPOSTABLE PACKAGING

### Natural Folate Food Supplement

- ♥ Highly absorbed whole food folate from spinach
- ♥ Contains natural forms of folate including Methylfolate
- ♥ Naturally occurring bioflavonoids, enzymes, amino acids & other bioactive co-nutrients
- ♥ For normal function of the immune system & normal maternal tissue growth during pregnancy
- ✓ Certified vegan & cruelty-free
- ✓ No artificial additives
- ✓ No artificial processing aids
- ✓ Gentle on the stomach

**INGREDIENTS:** Spinach leaf powder (*Spinacia oleracea L.*), Spinach extract providing Folic Acid (as Folate). Capsule (Vegetable cellulose).

**PRODUCT INFORMATION:** 1 capsule provides on average (NRV): Folic Acid (as Folate): 400µg (200%).  
NRV = Nutrient Reference Values.

**FREE FROM:** Wheat; Soya; Gluten; Dairy; GM ingredients.

Made to the highest possible standards with simple chemical-free processes.



Spinach is grown without synthetic fertilisers or pesticides while prioritising healthy soil.



The spinach is cleaned and then freeze-dried to lock in the nutrients.



Using only water & plant extracts the spinach nutrients are broken down into separate concentrated parts.



Evaporation is used to concentrate the nutrients and then they are dried at a low temperature.

**DIRECTIONS:** Take one capsule daily as a food supplement with or without food. Do not exceed the recommended daily dose. This product should not be used as a substitute for a varied diet and healthy lifestyle. Keep out of the sight and reach of children. Store in a cool dry place, out of direct sunlight. Consult your doctor before use if you have a medical condition, are pregnant or breastfeeding. Do not use if the seal is broken. Best before: See base.



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PLASTIC  
FREE



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Company

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