





Essential Amino Acids Free-Form for easy absorption

> Vegan FOOD SUPPLEMENT 180 Capsules

DIRECTIONS: Take 6 capsules daily with water or fruit juice, or as directed by your practitioner or pharmacist. Do not exceed recommended daily dose. Food supplements should not replace a balanced diet and healthy lifestyle.

An amino acid is best taken ½ hour before any meal or at bedtime.

CAUTION: Do not take if pregnant or breastfeeding.

Lamberts® Branch Chain Amino Acids (BCAA) are presented in their 'free form' which means they are ready to be absorbed and used by the body. Lamberts® provides these essential amino acids at the optimal ratio of 2:1:1.

KEEP AWAY FROM CHILDREN

PRODUCT INFORMATION

Typically per capsule:

L-Leucine	250mg
L-Isoleucine	125mg
L-Valine	125mg

INGREDIENTS: L-Leucine, L-Isoleucine, L-Valine, Capsule Shell (Hydroxypropyl Methylcellulose), Bulking Agent (Rice Flour), Anti-caking Agents (Magnesium Stearate & Silicon Dioxide).

- V Suitable for vegetarians
- V Suitable for vegans

TO BE TAKEN ON THE ADVICE OF A PRACTITIONER OR PHARMACIST ONLY

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