

brain-feed.com

**omega 3**  
plant based

**you.**  
naturally.

**DHA 500mg**  
per capsule

double concentrate

DHA contributes to the  
maintenance of normal  
**brain function.**

**30** algal oil food  
supplement capsules



**1**  
capsule  
per day

**brainfeed** |

Consuming DHA contributes to the maintenance of normal brain function\*. Maternal DHA intake contributes to the normal brain development of the foetus & breastfed infants\*. Our highly concentrated omega 3 is derived from algae and provides a high strength DHA in a single vegan capsule.

**nutrition information**

	per capsule	NRV*
Algal oil	1000mg	
of which DHA	500mg	
of which EPA	20mg	

\*NRV = Nutrient Reference Value

\*beneficial effect obtained by a daily intake of 250mg

\*beneficial effect obtained with a daily intake of 200mg of DHA in addition to the recommended daily intake of omega-3 fatty acids for adults (250mg DHA & EPA)

Omega 3 is a food supplement and should not be used as a substitute for a varied and balanced diet. Do not exceed the stated dose. Store in a cool dry place out of reach of young children. Not to be consumed by infants and children under the age of 3.

Ingredients: algal oil (*schizochytrium* sp), antioxidant (mixed tocopherols) capsule [starch, humectant (glycerol) & purified water]

best before:

batch no:

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