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For a tasty Thai Yellow Curry for two:

Sizzle: Heat 2 tbsps of oil and 2 chopped cloves of garlic, fry until soft. Add 1/2 jar of **GEO ORGANICS THAI YELLOW PASTE** and cook for 1 min to release the flavour. Add 1 yellow pepper plus 500g of vegetables or meat and cook until sealed. For extra spice add 2 red chillies (optional). Stir in 300ml **Geo Organics Coconut Milk** and bring to boil then simmer until cooked. **Enjoy:** Add 1 tbsp lime juice (optional), garnish with coriander and serve with Jasmine rice. **See website for more recipe ideas.**

Produced in NL for: Venture Foods UK Ltd, Unit S23
Hastingwood Ind. Park, Wood Ln, Birmingham, B24 9QR
www.geoorganics.co.uk
EU: Rua Lourenco Moleiro, 233, Zona Ind. de Mosteiro,
4520-409 Mosteiro VFR, Portugal.
Australian Distributor: Watersteps Pty Ltd, 2/92a
Bradleys Head Road Mosman, NSW 2088



Fresh
NEW
TASTE

ORGANIC THAI YELLOW Curry Paste

Authentic Blend of Spices



NL-BIO-01
EU/non-EU
agriculture

180g

INGREDIENTS:

Water, Onions*, Yellow Paprika* (10%), Chili Paste* (water, vinegar*, red chillies*, salt), White Wine Vinegar*, Sunflower Oil*, Garlic Puree*, Ginger Puree*, Corn Starch*, Sea Salt, Ground Cumin*, Orange Juice (from concentrate)*, Ground Coriander*, Ground Turmeric*, Lemon Grass Oil. *Organically Produced. For allergens: See ingredients in **Bold**. Not suitable for those with allergies to **Nuts**. This product is made in a factory that handles soya, egg, dairy products and nuts.

FR Eau, Oignons*, Paprika Jaune* (10%), Pâte de Piment* (eau, vinaigre*, piments rouges*, sel), Vinaigre de Vin Blanc*, Huile de Tournesol*, Purée d'Ail*, Purée de Gingembre*, Amidon de Maïs*, Sel Marin, Cumin Moulu*, Jus d'orange (à base de concentré)*, Coriandre Moulue*, Curcuma Moulu*, Huile de Citronnelle. *Produites Biologiquement.* Pour les allergènes: Voir les ingrédients en **gras**. Peut contenir des traces de **noix**. De préférence avant fin: voir couvercle.

NL Water, Uien*, Gele Paprika* (10%), Chilipasta* (water, azijn*, rode pepers*, zout), Witte Wijnazijn*, Zonnebloemolie*, Knoflookpuree*, Gemberpuree*, Maïszetmeel*, Zeezout, Gemalen Komijn*, Sinaasappelsap (uit concentraat)*, Gemalen Koriander*, Gemalen Kurkuma*, Citroengrasolie. *Van Gecontroleerd Biologische Teelt. Voor allergenen: zie **vetgedrukte** ingrediënten. Kan sporen van **noten** bevatten. Houdbaar tot einde: zie deksel.

Nutritional Information

Typical Values/ Valeurs Moyennes/ Per 100g	
Gemiddelde Waarden	
Energy/ Energie/ Energie	460kJ 111Kcal
Fat/ Matière Grasse/ Vetten	7.6g
of which saturates/ dont acides gras saturés/ waarvan verzadigde vetzuren	2.2g
Carbohydrate	8.7g
Glucides/ Koolhydraten	
of which sugars/ dont sucres/ waarvan suikers	4.7g
Fibre/ Fibres Alimentaires/ Vezels	na
Protein/ Protéines/ Eiwitten	1.3g
Salt/ Sel/ Zout	1.9g



Best Before End: See Lid
Store in a cool dry place.
Refrigerate after opening
and use within 4 weeks.

