



Fermented milk drink that is believed to originate from the Caucasus Mountains. It has been enjoyed around the world for over 2000 years. Our kefir is produced in small batches on a family run farm in Devon.

- 100% natural ingredients.
- Made with 100% British milk from grass fed jersey cows.
- Contains gut-friendly bacteria.
- Sweetened only with honey.
- Enjoy it as part of a healthy lifestyle and balanced diet.

GB-ORG-06,
EU/non EU Agriculture



biokef JUST AS NATURE INTENDED

kefir

Coconut

MADE FROM ORGANIC
JERSEY COWS' MILK
100% NATURAL, BIO LIVE

biokef

Nutrition

Typical values	per 100g
Energy:	291KJ/70KCal
Fat	3.4 g
of which saturates	2.6 g
Carbohydrate	6.6 g
of which sugars	6.2 g
Fibre	<0.5 g
Protein	3.2 g
Salt	0.08 g

Storage: keep refrigerated 2-5°C

Use by date: please see bottle cap
Shake well before opening.

Once opened consume within 2 days

Ingredients: organic pasteurized jersey cows' milk, coconut milk 18%, live kefir cultures, organic honey 3%.

For allergens, see ingredients in bold

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PRODUCED IN THE UK