## NU46225 Vitamin B12 + Folic Acid Tablets

Natures Truth Vitamin B12 + Folic Acid - 60 Tablets

## **OVERVIEW:**

Nature's Truth Vitamin B12 + Folic Acid Tablets are a convenient daily supplement designed to support your energy metabolism, immune system, and overall vitality. These tablets provide a powerful blend of Vitamin B12 and Folic Acid, essential nutrients that contribute to normal energy production and healthy blood formation.

## **KEY INGREDIENTS & BENEFITS:**

Vitamin B12 (Cyanocobalamin): Plays a vital role in energy production, supports brain function, and contributes to the normal functioning of the nervous system.

Folic Acid: Essential for cell division, red blood cell formation, and supports normal maternal tissue growth during pregnancy.

This potent combination of B12 and Folic Acid helps to maintain energy levels, supports ove wellness, and is ideal for those following a vegan or vegetarian lifestyle.
DIETARY:
Dairy Free
Gluten Free
Vegan
Vegetarian
Wheat Free
Sugar Free
ADDITIONAL INFORMATION:
Packaging is 100% recyclable.
Made in the UK under GMP and BRC accredited standards, ensuring top quality and safety.

## **INGREDIENTS:**

Bulking Agents (Dicalcium Phosphate, Microcrystalline Cellulose), Anti-Caking Agents (Magnesium Stearate, Silicon Dioxide), Vitamin B12 (Cyanocobalamin), Folic Acid.

DOSE: 2