

104.000 mm

150.000 mm

Wessex Mill®



Self-Raising Flour

Ingredients

Wheat flour 96%, raising agents (mono-calcium phosphate, sodium bicarbonate), calcium carbonate, niacin, iron, thiamine.

Allergen Advice

For allergens, including cereals containing gluten, see ingredients in **bold**.

Nutrition

Typical values	per 100g
Energy	1432kJ/338kcal
Fat	1.3g
of which saturates	0g
Carbohydrate	70g
of which sugars	3.9g
Fibre	3.0g
Protein	9.0g
Salt	0.7g

Grown and milled in the UK.



Cake flour made from grain grown locally to the mill. Use in any recipe requiring self-raising flour to make delicious cakes and scones.

Always cook flour before consumption.

Store in a cool dry place.
Best Before see back

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1.5kg e

CGL_104150

Colours:
cmyk process

