

Ingredient: Porcini Mushroom

Soak until soft (~30 mins). Save the soaking water, this lightly earthy, mineral-rich liquid adds subtle depth to soups or stir-fries.

Nutrition Information per 100g

Energy	1362kJ/362kcal
Fat	2.3g
of which saturates	0g
Carbohydrates	51g
of which sugars	4.6g
Fibre	25g
Protein	24g
Salt	0g

Store in a cool and dry place away from direct sunlight.

Best Before: 10.05.2028

Emma's
food
Emma's
source
grows
each day



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Production

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