



Miller's Choice c/o Just
Natural Health & Beauty
Ltd, 210 Mauretania Rd,
Southampton, SO16 0YS

Tel: 023 8127 7000
Email: customerservices@clfdistribution.com

Product

Name	Gluten Free Traditional Pinhead Oats
Description	Miller's Choice gluten free pinhead oats are carefully selected from British mills to give you the oatmeal fuelled head start you need in the morning.
Code	RBM8
Barcode	5056078808890
Country of Origin*	United Kingdom
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	640g
Packaging Type*	Clear plastic pouch with resealable zipper, paper label
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	18 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Gluten Free OATS
Allergens	For allergens see ingredients in BOLD .

Nutritional Values per 100g

Energy	1,496KJ (354 kcal)
Fat	4.3g
Of Which Saturates	0.9g
Carbohydrates	62.0g
Of Which Sugars	0.9g
Fibre	9.8g
Protein	12.0g
Salt	0.0g

Certifications	Gluten Free
Serving Requirements	For 2 servings of Oatmeal: Bring 360ml of water or milk to the boil. Add 80g of gluten free pinhead oats, reduce heat and cook for 15-20 minutes stirring occasionally.