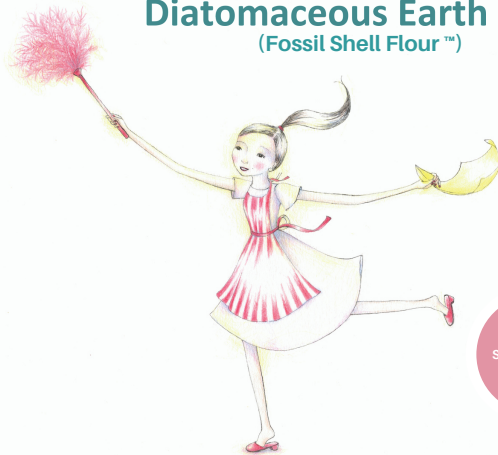


# Supercharged Food



**Diatomaceous Earth**  
(Fossil Shell Flour™)



FOOD  
SUPPLEMENT  
250gms

# SUPERCARGED FOOD - LOVE YOUR GUT POWDER

www.superchargeyourgut.co.uk

## Directions

Mix 1 heaped teaspoon (6gms) daily into water, juice, smoothies or add to meals. Consume preferably before food, drink up to 2L of water per day. It has no taste.

## Ingredient

Diatomaceous earth (amorphous silica, freshwater type) from a food-grade source.

## Cautions

Always consult your health practitioner before taking nutritional supplements. Not recommended for use by pregnant or breastfeeding women. Not to be used as a substitute for a varied balanced diet. Store in a cool dry place, out of reach of children. Do not exceed recommended daily dose.

## Allergy Advice

Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials such as nuts, seeds, milk, eggs, cereals, soya, mustard, celery, fish, crustaceans, and sulphites.

## Product Information

NUTRITIONAL INFORMATION		
6g servings per container: 41 Serving size: 6g daily		
Typical Composition	Av. quantity per 6g %NRV	Av. quantity per 100g %NRV
<b>Sodium</b>	1.43mg	23.88mg
<b>Silica</b>	5gm	82.6g
<b>Iron</b>	14mg 100%	233.3mg 1666.43%
<b>Calcium</b>	20.4mg 2.55%	340mg 28.75 %
<b>Magnesium</b>	3.93mg 1.05%	65.51mg 17.47%

Manufactured for Supercharged Food  
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Ingredient from the USA

Distributed by Healthy Life Choices Ltd

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Love Your Gut Powder is diatomaceous earth (Fossil Shell Flour™) from fossilised plants, sourced from USA.

Rich in silica, for bones, skin, hair and teeth. 100% natural, free from additives, gluten, dairy and sugar-free. Suitable for vegetarians and vegans.



Product code LYGP001

Best before: September 2025