Just Natural Health & Beauty Ltd, 210 Mauretania Road, Southampton, SO16 0YS

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Product

Name	Organic Pine Nuts	
Description	Just Natural Organic Pine Nuts are carefully selected from the best organic growers around the world. High in essential fatty acids, pine nuts are actually the seed harvested from pinecones and they are not nuts at all – therefore people suffering with tree nut allergies are able to safely consume pine nuts. Their light nutty flavour and soft crunch make them a perfect salad topper and also an essential ingredient in home made pesto and other sauces. And they're packed in our 100% plastic free home compostable packaging.	
Code	JN303	
Barcode	5056078808319	
Country of Origin*	China	
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.		

Packaging

Net Content	250g
Packaging Type*	Home Compostable Packaging (Certified)
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Pine Nuts
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Nutritional Values per 100g

Energy	3,016KJ (720kcal)
Fat	68.4g
Of Which Saturates	4.9g
Carbohydrates	13.1g
Of Which Sugars	3.6g
Fibre	3.7g
Protein	13.7g
Salt	0.0g

Certifications	Organic (Soil Association), Vegan Society, Home Compostable
Serving Requirements	Great for making pesto's and other sauces as well as topping salads. Ready to eat as they are, or toast in a frying pan until golden brown.