

Product Specification Mornflake Nuts & Seeds Heart Healthy Oatbran (500g)

Product Code: CR077499 / 5010026514127

Legal Product Name: Honey toasted oat & oatbran clusters with mixed nuts & seeds

Ingredients Declaration: OATFLAKES (35%), OATBRAN (25%), Mixed Nuts (12%) (CASHEW

NUTS, HAZELNUTS, PECAN NUTS), Mixed Seeds (8%) (Pumpkin Seeds, Golden Linseeds, Sunflower Seeds), Honey (7%), Maize Maltodextrin Fibre, Apple Juice Concentrate, Palm Oil, Natural

Flavouring, Caramelised Sugar Syrup Powder.

Allergy Advice: For allergens, including cereals containing gluten, see ingredients in

BOLD.

Also, not suitable for **MILK**, **WHEAT**, **BARLEY**, **SPELT** or **RYE** allergy sufferers due to the methods used in the manufacture of this

product.

May contain other **NUTS**.

Caution: Small children can choke on nuts.

Allergens		Contains	May Contain
1.	Celery	No	No
2.	Cereals containing Gluten	Yes	Yes
	Wheat (such as Spelt and Khorasan	(Oats, Oatbran)	(Wheat, Barley,
	Wheat), Rye, Barley, Oats		Spelt, Rye)
3.	Crustaceans	No	No
4.	Eggs	No	No
5.	Fish	No	No
6.	Lupin	No	No
7.	Milk	No	Yes
8.	Molluscs	No	No
9.	Mustard	No	No
10.	Nuts	Yes	Yes
	(Including Almonds, Hazelnuts, Walnuts,	(Cashew Nuts,	(Almonds, Brazil
	Cashew Nuts, Pecan Nuts, Brazil Nuts,	Pecan Nuts,	Nuts, Pistachio
	Pistachio Nuts, Macadamia Nuts)	Hazelnuts)	Nuts)
11.	Peanuts	No	No
12.	Sesame Seeds	No	No
13.	Soya	No	No
14.	Sulphur Dioxide	No	No

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Nutrition Information

Typical Values	Per 100g	Per 45g Portion with	Per 45g	% RI
		100mls of Semi-	Portion	Per 45g
		Skimmed Milk		Portion
Energy	1924kJ	1074kJ	865kJ	10%
	460kcal	257kcal	207kcal	10%
Fat	20.7g	11.1g	9.3g	13%
Of which saturates	3.9g	2.9g	1.8g	9%
Carbohydrate	48.5g	26.6g	21.8g	8%
Of which sugars††	8.4g	8.6g	3.8g	4%
Fibre	11.9g	5.4g	5.4g	1
Protein	14.0g	9.9g	6.3g	13%
Salt	0.02g	0.10g	0.01g	<1%

Reference intake of an average adult (8400kJ/2000kcal)

RI = Reference intake

This pack contains approx. 11 x 45g servings

††This product has no added sugars but contains naturally occurring sugars.

Nutrition / Health Claims: High in Fibre

Contains Wholegrain
No Added Salt

Helps Actively Lower Cholesterol*

*As part of a varied and balanced diet and a healthy lifestyle, oat

beta glucans have been shown to help lower blood

cholesterol. Blood cholesterol lowering may reduce the risk of coronary heart disease. One 45g portion of Mornflake Nuts & Seeds Oatbran Granola provides 1.2g of beta glucans from oats, which is

40% of 3g, the suggested daily amount.

Suitable for: This product is suitable for Vegetarians.

Transport & Storage: UK Ambient i.e., 5-30°C ≤70% relative humidity.

Storage: Once opened store in a cool, dry place away from strong odours. To

maintain optimum quality after opening reseal pack at the top using resealable strip; use within two months and by best before date.

Shelf-Life: 12 months

Pack Formats: Packaging 500g x 6 per outer case.

Microbiological Standards (NB product is not routinely tested):

OrganismTargetRejectSalmonella sppNot Detected in 25gPresent in 25gE. coli \leq 10 cfu/g> 10 cfu/g

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Morning Foods products comply with all applicable and relevant current legislation in Great Britain – specifically this will be the legislation in place at the final Packing Site (where there may be divergence of applicable legislation within Great Britain).

This product is packed in England.

Conformance to legislation in other countries should be verified prior to use, and is the responsibility of the customer.

Morning Foods does not certify its products as being suitable for infants and young children (i.e., those under three years old) or those on special diets. Any use of Morning Foods products for these specific categories must be verified by the customer.

Products containing palm oil contain certified segregated (/SG) sustainable palm oil. Supply Chain Cert No: BMT-RSPO-000924.

Exports to the EU

Morning Foods declares that, except where otherwise clearly indicated, this product is of United Kingdom preferential origin.

Where present:

- Dairy components are 100% UK/EU origin.
- Any non-UK/EU Honey is present at <15% and is therefore within rules of origin general tolerance provisions.
- Any non-UK/EU originating sugar is present at <40%
- Inulin is present at <20%
- Any non-UK/EU originating rice flour is present at <20%

Morning Foods, Crewe, Cheshire, CW2 6HP, United Kingdom.

EU Correspondence: MFL Cereals Ltd, 5th Floor Beaux Lane House, Mercer Street Lower, Dublin 2, D02 DH60, Ireland

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