Directions: Take 2 gummies daily with food.

A blend of vitamins and minerals to support the health of the hair, skin and nails from within! Specifically formulated with key nutrients which contribute to the maintenance of hair, skin and nails. For hair we have included Biotin and Zinc which contribute to the maintenance of normal hair. For skin we have added Vitamin C which contributes to normal collagen formation for the normal function of skin, plus Vitamin A & Biotin which contribute to the maintenance of normal skin. Zinc contributes to the maintenance of normal nails

Free from gluten, nuts, eggs, milk and sov.

Storage Instructions: Keep this bottle tightly closed and store in a cool, dry place.

Batch / Best Before End: See bottom of the bottle. Colour may fade over time.

WARNING! Do not exceed the recommended daily dose. Excessive consumption may cause laxative effects. Keep out of reach of children. Not suitable for children. This product contains Vitamin A - Do not take if you are pregnant or likely to become pregnant, except on the advice of a doctor or antenatal clinic. Breastfeeding women and those taking medication should consult with a doctor before use. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle.

Ingredients: Sweeteners (Maltitol, Isomalt), Water, Gelling Agent (Pectin), Acidity Regulators (Citric Acid, Sodium Citrate), Natural Flavourings, Calcium D-Pantothenate, Liposomal Vitamin C (Vegetable Oil, Cocoa Butter, Isomaltose Syrup, Buffer Salt, Ascorbic Acid), Vitamin E (D-Alpha Tocopheryl Succinate), Biotin, Zinc Citrate, Pyridoxine HCl. Vitamin A (Retinyl Palmitate), Folic Acid, Potassium Iodide, Colouring Food (Strawberry Extract), Vegetable Oil (Coconut Oil, Glazing Agent [Carnauba Wax]), Sweetener (Steviol Glycosides from Stevia), Vitamin B12 (Cyanocobalamin), Vitamin D3 (Cholecalciferol)













Halal Permitted







Hair, Skin & Nails

Liposomal Vitamin C for Maximised Absorption 5000 µg Biotin, 11 Essential Micronutrients

> Strawberry Flavour

VFGAN

Serving Size: 2 gummies Number of Servings: 30

Nutritional Information		
	Per 2 gummies	Per 100g
Energy	50kJ/12kcal	837kJ/200kcal
	Per 2 gummies	%NRV*
Vitamin A	400 μg RE	50%
Vitamin D3	5μg	100%
Vitamin E	6 mg α-TE	50%
Vitamin C (Liposomal)	50 mg	63%
Vitamin B6	1.4 mg	100%
Folic Acid	200 μg	100%
Vitamin B12	6 μд	240%
Biotin	5000 µg	10,000%
Pantothenic Acid (B5)	6 mg	100%
Zinc	5 mg	50%
lodine	150 µд	100%

*Nutrient Reference Value RE: Retinol Equivalents

α - TE: Alpha-tocopherol Equivalents

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Food Supplement with Sweeteners

Recyclable Lid & Tub. Label Not Recyclable

SUGAR FREE **60 GUMMIES**