## Ingredients

Spirulina\* [33.3%], Wheat grass juice powder\* [20%], Barley grass juice powder\* [20%], Brassica blend\* [16.5%] (powdered Broccoli, White cabbage & Kale), Chlorella\* [10%] \*certified organic. Ingredients sourced from India

Usage

## **Serving size & Suggested Use**

Powder – Take 1 teaspoon (5g) daily. Mix with water, juice or a protein shake, or add it into your porridge or a yoghurt.

Tablets - 4-6 tablets daily with water.

Do not exceed recommended daily intake

## **Servings per container:**

Powder – 20 (x5g) servings

Tablets – Dependent on use

Storage: Store in a cool, dry place