SUGGESTIVE DOSAGE: Take one tablet daily with a full glass of water

CAUTION: Do not exceed the recommended daily dose. If you are pregnant, breastfeeding, taking any medication or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if any adverse reactions occur. Not suitable for persons under the age of 18. Keep out of reach of children at all times. Do not use if seal is broken or damaged.

STORAGE: Store in a cool, dry place.

FOOD SUPPLEMENTS SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET AND HEALTHY LIFESTYLE.

FOR BEST BEFORE END & BATCH NUMBER SEE SIDE OF LABEL.

Bottle made from at least 95% recycled plastic. Please recycle bottle with cap on.







Nutritional Information

Serving Size: 1 Tablet

Servings per Container: 180

	Amount per Serving	%RI*
lodine	500µg	333%

* Reference Intake

Ingredients: Bulking Agent (Microcrystalline Cellulose), Anti-Caking Agent (Magnesium Stearate), Potassium Iodide.

lodine contributes to the normal production of thyroid hormones and normal thyroid function



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