54mm   191mm

275mm

— ORGANIC —

MAKE IT YOURS
Add a handful of fresh or dried fruit and nuts

HIGH in FIBRE
Enjoy a high fibre start to the day

ORGANIC
Made with ingredients from organic farms

plant based
Full of ancient wholegrains

serving suggestion

A delicious organic breakfast. Made with organic ancient grains buckwheat, quinoa and teff, these wholegrain hoops contain no artificials and are high in fibre, with no refined sugar or added salt.

Did you know? Organic farms are home to up to 50% more wildlife on average including around 75% more wild bees. That's something.

DOVES FARM ORGANIC
EST 1978

Organic works with nature and helps protect our planet. Its high standards encourage healthy soil and habitats, so bees, birds and butterflies and other wildlife can flourish. That's why Doves Farm have been pioneers of organic since 1978.

— ORGANIC —

Non UK agriculture

GB-ORG-05
EU/non EU agriculture

SOIL ASSOCIATION ORGANIC

Doves Farm is an award-winning, family-owned food producer, passionate about making simple, good food. Our breakfast cereals are made using organic ingredients we carefully mill ourselves, before turning them into tasty flakes, hoops or pops right here on Doves Farm in Wiltshire.

Clare & Michael
Founders, Doves Farm.

Vegan

DOVES FARM ORGANIC

DOVES FARM ORGANIC
EST 1978

Best before:

ANCIENT GRAIN
CEREAL HOOPS

HIGH FIBRE
WHOLEGRAIN
No refined sugar
Nothing artificial
No added salt

ANCIENT GRAIN
CEREAL HOOPS

DOVES FARM
est 1978

300g ℮

RECYCLABLE PACKAGING

— ORGANIC —

ANCIENT GRAIN
CEREAL HOOPS

nutrition

Typical values	Per 100g	Per 30g serving
Energy	1558kJ	467kJ
	369kcal	111kcal
Fat	2.7g	0.8g
of which saturates	0.5g	0.2g
Carbohydrate	70g	21g
of which sugars	7.1g	2.1g
Fibre	12g	3.5g
Protein	11g	3.2g
Salt	0g	0g

This pack contains approximately 10 servings.

ORGANIC Ancient Grain Cereal Hoops

Ingredients: cereal blend*82% (buckwheat*29%, wholegrain rice*, teff*18%, quinoa*8%), date powder*, maize bran*, rice bran extract*.

*Organic produce.
Made in the UK with non-EU buckwheat.

Best before: see top of pack.
Storage: keep airtight.

K LBD
PARVE

GB-173-091
CUK-G-017

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