

MINERAL WELLBEING™

Westlab™

SLEEP BATH SALT

Drift into a peaceful night's sleep

Magnesium - relaxes mind & body

Essential Oils - calms & soothes

Valerian - peaceful sleep

LAVENDER, JASMINE & VALERIAN

Crafted Epsom & Dead Sea Mineral Salts

PRECAUTIONS, READ BEFORE USE:

Do not use if pregnant or breastfeeding. For external use only. Do not use on broken skin. Avoid contact with eyes. If irritation occurs, stop bathing and rinse with water. If it persists, seek medical advice. Keep out of the reach of children.

HOW TO RUN THE PERFECT BATH

- 1 Run a warm bath (37-40°C is ideal)
- 2 Add 1-2 cups of bath salts to create a fragrant, mineral-infused bath
- 3 Dim the lights to create a soothing, cosy atmosphere
- 4 Relax & enjoy for at least 20 minutes

100% NATURAL INGREDIENTS:

Magnesium Sulphate (Epsom Salt), Meris Sal (Dead Sea Salt),
Valeriana Officinalis (Valerian) Root Extract, Lavandula
Angustifolia (Lavender) Flower Oil, Citronella Odorata (Lemon
Ylang) Flower Oil, Jasminum Officinale (Jasmine) Flower Oil,
Linalool*, Benzyl Benzoate*
*Naturally occurring in essential oils.

Independently tested for purity.
Vegan & responsibly sourced.

Keep sealed in a cool dry place as over time salt can attract moisture. This is a natural product, so there can be variation in the colour and texture.

MADE IN THE UK BY:
Westlab Ltd, 67 Darnley Park, Cranleigh GU8 5TB, UK
RP MBL, STE 6500, 27 Upper Pembroke St, Dublin, IE

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WESTLAB: SUPPORTING YOUR EVERYDAY WELLBEING
We're here to add extra bits of wellbeing to your every day.
This. Boost your daily rituals with relaxation and natural ingredients.
Everyday wellness.

1kg e 2.2lb



PLEASE RESPONSIBLY RECYCLE
THIS POUCH AFTER USE.