

- ↙ Good to know:
- ♥ Gluten free
 - ♥ Flavour from fruit
 - ♥ Vegetarian & Vegan friendly



↖ I'm organic

Our organic ingredients

Rice	86.7%
Apple juice concentrate	13%
Cinnamon powder	0.2%
Thiamin (vitamin B1)*	<0.1%
TOTAL	100%

*Thiamin (vitamin B1) has no organic certification.

ALLERGY ADVICE: Gluten free.

Nutritional information

	Typical value per 100g	Typical value per portion (2 rice cakes)
Energy	1647kJ/388kcal	68kJ/16kcal
Fat	0.8g	<0.5g
of which saturates	<0.1g	<0.1g
Carbohydrate	88.5g	3.6g
of which sugars	7.8g	0.4g
Fibre	0.6g	<0.1g
Protein	6.3g	0.1g
Sodium	0.03g	<0.01g
Salt	0.08g	<0.01g
Thiamin (vitamin B1)	1mg	0.04mg

Contains naturally occurring sugars.

SAFETY ADVICE: For little ones 7 months+. Please ensure they are sitting down and supervised whilst enjoying this food.