# CurcuminX4000<sup>®</sup> Original and with Fenugreek Seed Extract

CurcuminX4000® uses Meriva® (root) Curcuma longa extract, to significantly improve absorption. Meriva® is the most clinically studied curcumin on the market, using a patented patented phytosome technology technology for long-lasting effectiveness.

Curcumin is the yellow pigment and active compound that is derived from Turmeric- best known as the ancient spice used in Indian and Thai cuisine. Curcumin, however, has a much higher potency in comparison to Turmeric. Alongside its popularity in the culinary world for flavouring and colouring purposes, Curcumin has been extensively applied in traditional medicine for centuries and the significant interest in Curcumin's advanced health benefits remain to this day.

Curcumin is generally poorly absorbed during digestion but not Good Health Naturally's CurcuminX4000®! This product boasts great bioavailability with 200mg of highly effective Curcumin Phytosome per capsule, of which, a recent study confirmed an increase in utilization of up to 30X, compared to ordinary Curcumin 95%. The Meriva® Curcumin Phytosome bonds to the curcumin extract with phospholipids, leading to better absorption than other curcumin extracts on the market! As a natural polyphenol, Curcumin is commonly recognised for its anti-inflammatory and antioxidant properties and overall health benefits.

# Reasons why Curcumin is an excellent addition to any health and wellness regime:

- 1. Promotes better brain function
- (2.) Reduces inflammation
- 3. Promotes healthy skin
- (4.) Supports glucose
- (5.) Supports joint
- (6.) Immunity

## Directions for Use:

I Take 3 capsules per day with food, or as directed by a healthcare professional

## Contents:

60 servings per container





## Further Information



- ✓ Most studied curcumin on the market
- ✓ Key support for lung, joint & brain health
- Powerful anti-inflammatory & antioxidant benefits
- ✓ Cost effective

#### SUPPLEMENT FACTS

Serving Size: 3 Capsules Servings Per Container: 60

#### INGREDIENT A

AMOUNT PER SERVING

Meriva®(root) Curcuma longa extract 600mg

DV

%

\* Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose and water (vegetable capsule)

## SUITABLE FOR VEGETARIANS AND VEGANS



MERIVA® is a trademark of Indena S.p.A.



- ✓ CurcuminX4000® with Fenugreek offers all of the benefits of Curcumin® Original, and more...
- ✓ Increased bioavailability
- ✓ Supports healthy cholesterol balance
- √ Supports metabolic wellness

#### SUPPLEMENT FACTS

Serving Size: 3 Capsules Servings Per Container: 60

## INGREDIENT AMOUNT PER DV SERVING %

Meriva®(root) Curcuma longa extract 600mg

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150

\*

Fenugreek Seed Extract

150mg

\* Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose and water (vegetable capsule)

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