

Product

Name	Organic Fenugreek Seeds
Description	Sourced from only the best organic producers from around the world, Just Natural Organic Fenugreek Seeds add a sweetness and depth of flavour to spicy dishes. They are a staple in many Indian recipes and can be added whole, crushed, or ground. And it's packed in our 100% reusable, refillable and recyclable glass jar.
Code	JNLH21
Barcode	5056078806933
Country of Origin*	Various
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	68g
Packaging Type*	Jar – Glass, Lid – Aluminium, Labels - Paper
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Fenugreek Seeds
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	323kcal
Fat	6.4g
Of Which Saturates	1.5g
Carbohydrates	58.4g
Of Which Sugars	3.2g
Fibre	24.6g
Protein	23g
Salt	0.1g

Certifications	Vegan (Vegan Society), Organic (Soil Association)
Serving Requirements	Add to your favourite Indian recipes to give sweetness and depth of flavour.