

LOVELY CHICKPEAS

60x186mm

UPDATE COPY

Organic Chickpeas

Organically sourced, preciously jarred and hand sorted to make your recipes sing and your guests smile. Specially chosen for culinary perfection. Our lovely chickpeas are produced in the province of Turin in small batches.

Bring your recipes to life!

Ingredients: chickpeas*, water, sea salt
*from organic agriculture.

Allergy advice: for allergens see ingredients in bold. May contain traces of mustard, celery, sesame, nuts, cereals containing gluten and soya.

Storage: once opened, keep refrigerated and consume within 3 days.

Net Weight: **370g e**
Drained Weight: **250g**

Produced in Italy

IT-B10-008 Italy Agriculture

"Please Recycle me" Rinse + Recycle parts separately.

REALFOODS™
by Organico

Organic
LOVELY CHICKPEAS
"contains no chicks, or peas"

Nutritional value	per 125g	per 100g
Energy / Value	584kJ / 139kcal	467kJ / 111kcal
Fat	2.6g	2.1g
of which saturates	0.25g	0.2g
Carbohydrate	16.4g	13.1g
of which sugars	0.39g	0.31g
Fibre	7.4g	5.9g
Protein	8.6g	6.9g
Salt	0.4g	0.3g
Sodium	160mg	120mg

Servings per pack: 2. Serving size: 125g (drained)

Best Before: See Lid



Planet SCORE A PESTICIDES BIODIVERSITY CLIMATE

Scan for further information

Produced in Italy for: Organico Realfoods Limited, Reading, RG64UP. www.organico.co.uk
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VIEW WITH OVERPRINT SWITCHED ON

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	<p>client: RealFoods</p> <p>project: Phase 3</p> <p>description: Label</p>	<p>date: 25.01.2024</p> <p>size: 100%</p>	<p>STAGE</p> <p>1</p>	<p>cutter: Supplied</p> <p>Barcode: TBC</p> <p>copy: As supplied</p>	<p>designer: LS</p> <p>artworker: AM</p> <p>Client approval: -.00.0000</p>	<p>colours: C M Y K</p> <p>Spot Colours: </p> <p>PANTONE Yellow C</p> <p>Fonts: Better Times, Fester Bold, Fester Semi-Bold, Fester Heavy</p>
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