

L370

Psyllium Husks Capsules 120 Caps - UK

78x210mm

Psyllium husks are a highly soluble and convenient source of dietary fibre and are also rich in micronutrients. KIKI's Organic Psyllium Husks are derived 100% from seed husks of the Plantago Ovata plant. They have not been genetically engineered, modified or chemically treated. Our Organic Psyllium Husks Capsules are ground into a fine powder and encapsulated into vegetarian capsules, with no fillers or bulking agents. Organic Psyllium Husks Capsules are an easy way to add valuable bulk to your diet, which is essential for healthy digestion.

**Best before end:** See base. **Storage:** Store in a cool, dry place away from direct sunlight. Refrigeration is not required.

Food supplements should not be used as a substitute for a varied diet. Keep out of reach of children. Do not exceed the recommended daily dose.

**Suitable for vegetarians and vegans. Naturally free from gluten and wheat.**  
**NO ARTIFICIAL COLOURS, PRESERVATIVES, SWEETENERS OR FILLERS**

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GB-ORG-05  
Non-EU Agriculture

# ORGANIC PSYLLIUM HUSKS

## CAPSULES

100%RAW  
INGREDIENTS

food supplement

120 vegetarian  
capsules

850g<sup>e</sup>

## KIKI HEALTH

**Directions of use:** Adult intake: 1 to 2 capsules daily. It is vital that you drink plenty of water when consuming Psyllium Husks and throughout the day afterwards.

**Ingredients:** 100% Organic Psyllium Husks  
**Shell Capsule:** Hypromellose