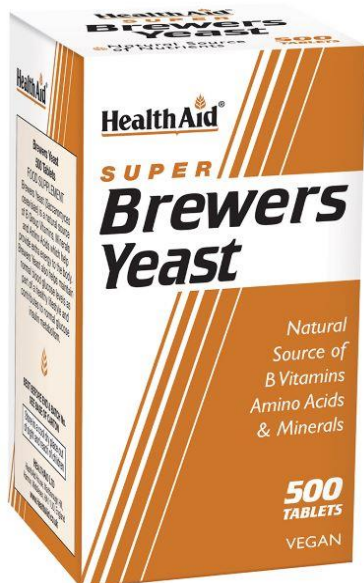




Super Brewers Yeast



What is Super Brewers Yeast?

Brewers Yeast (*saccharomyces cerevisiae*) is a natural source of B-complex vitamins which assist the body convert food into fuel to produce energy

and contribute to the reduction of tiredness and fatigue. B vitamins also contribute to the normal functioning of the nervous system, psychological function and play a significant role in maintaining healthy hair and skin. Brewer's yeast is a high source of Chromium which is a trace mineral that contributes to the maintenance of normal blood sugar levels.

Six tablets contains (average):		%NRV
Brewers Yeast	1800mg	*
*: EC NRV Not Yet Established		

What is Super Brewers Yeast tablet for?

- Natural source of nutrients providing B vitamins, minerals, amino acids and trace elements
- Helps to release energy from Carbohydrates
- May helps in the maintenance of healthy skin, eyes and digestive tract
- Niacin and Vitamin B6 present in the yeast, which work together to produce the brain chemical serotonin which helps people with sleeping disorders
- Helps maintain a healthy body weight
- Maintains healthy digestive system

Who is Super Brewer's Yeast tablet for?

Super Brewer's Yeast may be of benefit to;

- Those who need to increase their energy levels
- Those who need to help regulate blood sugar imbalances
- Those who have sleeping problems and need more relaxation
- People experiencing digestive problems

Recommended Daily Intake

Adults and Children over 6 years of age, 6 to 8 tablets daily, or as advised by a suitably qualified person.

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Product Code	801090 (240's) Product Name: Super Brewers Yeast 801095 (500's)				
Pack Size	240's and 500's; tablets packed in a brown glass labelled bottle, placed in a carton printed with all the relevant information				
Appearance (shape/colour)	Brown (light, speckled), biconvex round tablet				
Size	9mm diameter	Shape	Round	Average Weight	320mg
Ingredients	Brewers Yeast Powder				
Suitability	Vegan	Yes	Vegetarian	Yes	
Quality Requirements	All the ingredients meet the requirements of USP/NF, BP, EP, BHP pharmacopoeia or supplier specifications				
Expiration Period	Three years from date of manufacture				
Storage	Store in a cool dry place, keep out of sight and reach of children				
Caution	This product may contain traces of gluten				
Disclaimer	Use product according to directions stated on the pack. Food supplements should not be used as a substitute for a varied and balanced diet, and healthy lifestyle. Please check with your primary healthcare physician before taking this supplement if you suffer from a medical condition, are on prescribed medication, are pregnant or breastfeeding or suffer from food allergies. Food supplements are not intended to treat or prevent any disease. Do not use after the expiry date.				

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