

Sleep Capsules - NUTRITIONAL TABLE

Nutritional Information	Per Calm Capsule	% RI Per Sachet
Sleep Capsule		
Capsule Ingredients	Amount per Serving (2 Capsules)	%NRV Per Serving
Magnesium Bisglycinate (20% Active)	100mg	27%
Montmorency Cherry Extract (10:1)	450mg	*
Chamomile Flower Extract (10:1)	220mg	*
Lemon Balm (Melissa Officinalis)	100mg	*
Lavender Flower Extract (10:1)	50mg	*
Purple Passionflower Extract (4:1)	50mg	*
Zinc Gluconate (13.4% Active)	7.5mg	75%

RI = Reference Intake

* = No Established RI

NRV = Nutrient Reference Value

** = No Established NRV

Sleep CAPSULE INGREDIENTS

Magnesium Bisglycinate, Montmorency Cherry Extract, Chamomile Flower Extract (Matricaria recutita / chamomilla), Lemon Balm Leaf Extract (Melissa Officinalis), Zinc Gluconate, Lavender Flower Extract (Lavandula angustifolia Mill.), Purple Passionflower Extract (Passiflora incarnata L.)
 Capsule Shell: (Hydroxypropyl Methylcellulose) Anti-Caking Agent: Brown Rice Extract (Gluten Free)