

Product

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| Name | Organic Wholemeal Spelt Flour |
| Description | Just Natural Organic White Self Raising Flour is carefully selected from the best organic growers and millers in the UK. The wheaty, nutty flavour of this ancient grain is great for sweet and savoury bakes. And it's packed in our 100% plastic free, certified home compostable packaging. |
| Code | JN357 |
| Barcode | 5055177532125 |
| Country of Origin* | United Kingdom |
| *Country of origin may vary from time to time and the origin stated in this document is not guaranteed. | |

Packaging

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| Net Content | 450g |
| Packaging Type* | Home Compostable Packaging (Certified) |
| *Packaging type may vary from time to time and the type stated in this document is not guaranteed. | |

Shelf Life

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|---------------------------|-----------------------|
| Maximum Shelf Life | 12 months |
| Storage Conditions | Ambient (15°C - 20°C) |

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| Ingredients | Organic Wholemeal SPELT Flour |
| Allergens | For allergens, including cereals containing gluten, see ingredients in BOLD . |

Nutritional Values per 100g

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| Energy | 1,400KJ (330kcal) |
| Fat | 2.5g |
| Of Which Saturates | 0.4g |
| Carbohydrates | 63.6g |
| Of Which Sugars | 1.3g |
| Fibre | 8.5g |
| Protein | 13.3g |
| Salt | 0.0g |

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| Certifications | Organic (Soil Association), Vegan Society |
| Serving Requirements | Use Just Natural Organic Wholemeal Spelt Flour in your favourite recipes. |