

DIRECTIONS: Take 1 to 3 capsules daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and a healthy lifestyle.

CAUTION: If you suffer from epilepsy, consult your doctor before taking this product.

INGREDIENTS: Evening Primrose (Oenothera Biennis) Oil (65%), Starflower (Borago officinalis) Oil (35%), Capsule Shell (Glycerol, Modified Starch, Gelling Agent: Carrageenan, Acidity Regulator: Sodium Carbonate), Vitamin E (dl-alpha Tocopheryl Acetate).

PRODUCT INFORMATION

Typically per capsule: %NRV* Vitamin E 10mg α-TE 83

Evening Primrose Oil with Starflower Oil 1000mg

Providing:

Gamma Linolenic Acid (GLA) 120mg

*NRV = Nutrient Reference Value

Lamberts® Evening Primrose Oil with Starflower Oil is of high quality and specially selected for its consistent GLA level (120mg per capsule).

V Suitable for vegetarians

V Suitable for vegans

KEEP AWAY FROM CHILDREN

TO BE TAKEN ON THE ADVICE OF A
PRACTITIONER OR PHARMACIST ONLY

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