#### NU81562 Natures Truth Vitamin B6

Natures Truth Vitamin B6 60 Tablets

## **OVERVIEW:**

Nature's Truth Vitamin B6 Tablets provide an essential water-soluble vitamin that plays a key role in energy production, nervous system health, and hormone regulation. Each tablet delivers a reliable dose of pyridoxine hydrochloride, designed to support energy metabolism, psychological function, and the reduction of tiredness and fatigue. A convenient way to safeguard your daily intake of this vital nutrient.

#### **KEY INGREDIENTS & BENEFITS:**

Vitamin B6 (Pyridoxine Hydrochloride):

Contributes to normal energy-yielding metabolism, helping to reduce tiredness and fatigue.

Supports the normal functioning of the nervous system and psychological function.

Plays an important role in the regulation of hormonal activity.

Contributes to the normal function of the immune system and red blood cell formation.

Together, these benefits make Vitamin B6 a valuable nutrient for supporting daily energy, wellbeing, and resilience.

## **DIETARY:**

Dairy Free

Vegetarian

Sugar Free

## **ALLERGENS:**

No common allergens. For allergens, see ingredients in bold.

# **ADDITIONAL INFORMATION:**

Packaging is 100% recyclable.

Made in the UK under GMP and BRC accredited standards, ensuring the highest levels of quality and safety.

## **INGREDIENTS:**

Bulking Agents (Calcium Carbonate, Microcrystalline Cellulose), Vitamin B6 (Pyridoxine Hydrochloride), Coating (Glazing Agents (Polydextrose, Hydroxypropylmethylcellulose, Guar Gum), Colour (Calcium Carbonate)), Anti-Caking Agents (Magnesium Stearate, Silicon Dioxide).

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