



Miller's Choice c/o Just
Natural Health & Beauty
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Product

Name	Gluten Free Traditional Rolled Oats
Description	Miller's Choice gluten free traditional rolled oats are carefully selected from British mills to give you the porridge fuelled head start you need in the morning.
Code	RBM2
Barcode	5056078808654
Country of Origin*	United Kingdom
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	400g
Packaging Type*	Clear plastic pouch with resealable zipper, paper label
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Shelf Life

Maximum Shelf Life	18 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Gluten Free OATS
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	1,545KJ (367 kcal)
Fat	6.2g
Of Which Saturates	1.0g
Carbohydrates	60.5g
Of Which Sugars	1.2g
Fibre	9.7g
Protein	12.3g
Salt	0.0g

Certifications	Gluten Free
Serving Requirements	For 2 servings of porridge: Bring 500ml of water or milk to the boil. Add 80g of Gluten Free Traditional Rolled Oats, reduce heat and cook for 10-15 minutes stirring occasionally.