

Say hello! follow us:

@vegums hi@vegums.com www.vegums.com

Cut this bag  
into small pieces  
and add to food  
waste bin!



Formulated by  
Pharmacists

## DELICIOUSLY NUTRITIOUS ETHICALLY AMBITIOUS

Dosage: Adults (and children over  
12 years) take 2 gummies daily.  
Children (3-11 years) take 1 daily.

Not recommended for children under 3 due to choking hazard. Best  
taken with or after a meal. Take the recommended dose daily. Keep  
out of reach of children. These gummies support, but don't replace a  
well-balanced diet. If pregnant, breastfeeding or taking medication  
please consult your doctor before use.

### Ingredients

91.5% Fruits (65% apple juice, 26% apple puree, 0.5%  
lemon juice), 5.9% Vitamin C (ascorbic acid), gelling  
agent (pectin), natural lemon flavouring, acid  
regulator (tri potassium citrate), citrus fibre. Processing  
aid, vegetable fat (coconut, rapeseed), carnauba wax.  
May contain traces of nuts. \*Carrier: maltodextrin

Gently Baked  
Per pack

3 Apples  
1/4 Lemon  
+ Absolutely  
No Added Sugar!



SCAN FOR INFO

Store in a cool dry  
place and reseal after  
opening. Consume  
within 90 days.



	Per 100g	Per 2.2g gummy
Energy	1458 KJ	32 KJ
Calories	344 kcal	7.6 kcal
Fat	1.5g	<0.03g
Of which saturates	0.7g	0.015g
Carbohydrates	74g	1.6g
Of which sugars	67g	1.5g
Fibre	5.3g	0.12g
Protein	0.6g	0.01g
Salt	<0.1g	0.002g

<b>Vitamin C</b>	<b>Per 2 gummies</b>	<b>NRV</b>
	80g	100%

Get in touch: Flump Ltd, 2 Roundwood Drive, St Helens, WA9 5JD

Food Supplement | 30 gummies

✓ No Added-Sugar ✓ High Fibre  
✓ 100% Real Fruit ✓ Vegan

IMMUNE BOOST  
& HEALTHY SKIN

# WHOLEFRUIT VITAMIN C GUMMIES

**vegums**  
TM

Formulated by  
Pharmacists



Naturally delicious lemon gummies  
made with wholefruits & vitamin C

