



Otelia Protein Spaghetti Specs 2025

Brand: Otelia Premium

Importer/Distributor: Buckley & Beale Ltd, Somerset House, Church Road, Tormarton, GL9 1HT

Country of Origin: China

Shelf Life: Minimum 8 months

Storage: Ambient

Product	Item Number	Unit Size	Unit width	Unit height	Unit depth	Units per case
Black Bean	4118	200g	18cm	26cm	4cm	12
Soy & Chickpea	4119	200g	18cm	26cm	4cm	12
Edamame	4117	200g	18cm	26cm	4cm	12

Ingredients and Allergen* information

Variety	Ingredients	Allergen Statement
Black Bean	Organic Black Bean, water	May contain traces of soy
Soy & Chickpea	Organic Soy Bean, organic chickpea, water	Contains soy
Edamame	Organic Edamame (soybean), water	Contain soy

Gluten Free: Certified (<20ppm)

Soy Free: No (soy is an ingredient or trace in all products)

- Contains:**
- Dairy: No
 - Shellfish: No
 - Fish: No
 - Sulphites: No
 - Eggs: No
 - Wheat: No
 - Peanuts: No
 - Mustard: No
 - Tree nuts: No
 - Celery: No



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Nutritional information Per 100g

Black Bean Pasta

Recommended serving size: 50g
Servings per container: 4

Nutrition Information

Typical Value per (100g)

Energy	340 kcal/ 1423kj
Fat	8 g
of which:	
— saturates	2 g
Carbohydrate	36 g
of which:	
— sugars	8 g
Fibre	18 g
Protein	42 g
Salt	0g

Ingredients: Organic Black Bean, Water.
May contain traces of **Soy**.
For all allergens, see ingredients in **bold**.

Imported and distributed in the UK by
Buckley & Beale Ltd,
Somerset House, Church Road, Tormarton,
South Gloucestershire, GL9 1HT, UK

Certified organic by ECOCERT
CN-BIO-154

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Soy Bean & Chickpea Pasta

Recommended serving size: 50g
Servings per container: 4

Nutrition Information

Typical Value per (100g)

Energy	340 kcal/ 1423kj
Fat	8 g
of which:	
— saturates	2 g
Carbohydrate	34 g
of which:	
— sugars	8 g
Fibre	18 g
Protein	42 g
Salt	0g

Ingredients: Organic **Soy Bean**, Organic
Chickpea, Water.
For all allergens, see ingredients in **bold**.

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Edamame Pasta

Recommended serving size: 50g
Servings per container: 4

Nutrition Information

Typical Value per (100g)

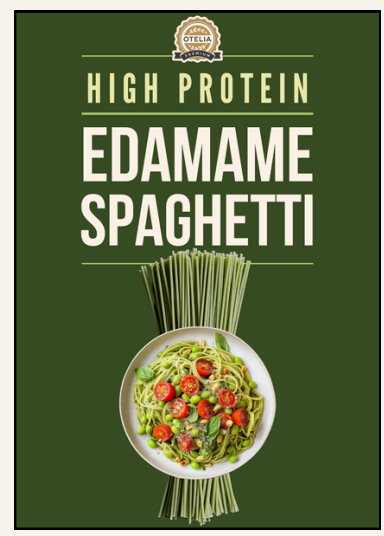
Energy	340 kcal/ 1423kj
Fat	8 g
of which:	
— saturates	2 g
Carbohydrate	36 g
of which:	
— sugars	8 g
Fibre	18 g
Protein	42 g
Salt	0g

Ingredients: Organic Edamame (**Soy Bean**),
Water.
For all allergens, see ingredients in **bold**.

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Certifications logos:



Certifications

- USDA Organic
- Canada Organic Equivalency
- EU Organic
- Gluten-Free
- Non-GMO Certified
- Vegan Society Cert.
- Kosher
- HALAL

Cooking Instructions

Add noodles to boiling water and simmer gently for 4-6 or until tender

For Pasta

Toss with olive oil then add sauce and toppings.

For Stir-Fries

Add drained noodles to a hot pan with sauce, vegetables, protein, stir-frying until well coated.

For Soups or Ramen

Add cooked noodles to your broth and heat through before serving.

*Allergen Disclaimer

Soy allergens maybe found in the product from addition, or cross contamination. Soy allergens maybe present in other products that are run in the same equipment but at different times.

Soy allergens are present in the plant with the exception of **Black Bean**

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Buckley & Beale Ltd.

Email: sales@buckleyandbeale.com
Visit: www.buckleyandbeale.com