

# green Origins

## ORGANIC SUPER GREEN BLEND

Our Super Green Blend has been specially formulated to provide a concentrated boost of micronutrients by combining the key algae and grass powders. Our pure green ingredients are minimally processed to ensure their natural nutrients are retained, before being blended together for an easy way to get your greens. Simply add to your favourite recipes for a nutritional boost!

### Super Made Simple

Superfoods are a natural way to add extra nutrients to your diet. We make them easy to use and understand. Our Superfoods are organically grown, sustainably sourced, and minimally processed, providing the best for you and for the planet.

### Why not try a Green Boost Smoothie?

- 2 tsp Super Green Blend
- Large handful of leafy greens (kale, spinach, lettuce)
- Half a cucumber
- 1 grapefruit (peeled)
- Half an apple
- Half a lemon
- Knob of fresh ginger



Squeeze the juice of the lemon, and grate the lemon zest and the knob of ginger into a blender.

Peel the grapefruit and add to the blender. Add the rest of the ingredients and blend. Serve as a smoothie, or sieve out the bits and enjoy over ice as a juice.



5 060426 631726 >



GB-ORG-05  
Non-EU Agriculture

100ge

To learn more about our products visit [www.greenorigins.com](http://www.greenorigins.com)

### NUTRITIONAL INFORMATION

TYPICAL VALUES (As Sold)	Per 100g	(%RI*)
<b>Energy</b>	1312kJ 312kcal	
<b>Fat</b>	1.2g	
<b>of which saturates</b>	0g	
<b>Carbohydrate</b>	18g	
<b>of which sugars</b>	3.4g	
<b>Fibre</b>	22g	
<b>Protein</b>	46g	
<b>Salt</b>	1.3g	
<b>Vitamin A</b>	2706µg	338.24%
<b>Vitamin B12</b>	52µg	2092%
<b>Iron</b>	42mg	304.34%

\*Reference Intake of an average adult (8,400kJ/2,000kcal).

**Ingredients:** Spirulina Powder\*, Wheatgrass Powder\*, Barley Grass Powder\*, Chlorella Powder\*. \* = Organic.

**Suggested Use:** Shake this pouch well before use. Take up to 10g (2 teaspoons) per day.



Make a  
protein shake



Make  
protein bars



Make protein  
pancakes

**Storage:** Store in a cool, dark and dry place. This pack contains approximately 10 servings. Blend of Organic Spirulina, Organic Wheatgrass, Organic Barley Grass and Organic Chlorella Powders, packed in the UK for Green Origins.  
**GB:** Unit 1, Campbell Way, Sheffield S25 3SF, UK.  
**EU:** Block B, Crescent Building, Dublin, D09 C6X8, IRL.

### High in Vitamin A

Vitamin A contributes to the maintenance of normal skin.

### High in Vitamin B12

†Vitamin B12 contributes to the normal function of the immune system.

**Best Before End:** See below