

Product Information Sheet

Product Name	NOW Supplements, Sunflower Lecithin 1200 mg with Phosphatidyl Choline, 200 Softgels										
Brand	NOW Supplements										
Vendor SKU	2313										
UPC	733739023131										
GTIN	30733739023132										
Country of Origin	US										
Serving Size	2 Softgels										
Unit Count	200										
Directions	Take 2 softgels daily with food. Store in a cool, dry place after opening.										
Ingredients	Supplement Facts Serving Size: 2 Softgels Servings Per Container: 100 Description <table border="1"> <thead> <tr> <th>Amount per Serving</th> <th>% Daily Value</th> </tr> </thead> <tbody> <tr> <td>Calories 25</td> <td>Total Fat 2 g 3%**</td> </tr> <tr> <td>Polyunsaturated Fat 1 g †</td> <td>Daily Value not established.</td> </tr> <tr> <td>Sunflower Lecithin 2.4 g (2,400 mg) †</td> <td>Daily Value not established.</td> </tr> <tr> <td>Phosphatidyl Choline 360 mg †</td> <td>Daily Value not established.</td> </tr> </tbody> </table> **Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established. Other Ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Organic Extra Virgin Olive Oil. Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Natural color variation may occur in this product. Made and quality tested in the USA with globally sourced ingredients. Store in a cool, dry place after opening. Family owned since 1968. This bottle is made from 100% PCR (post-consumer recycled) resin.	Amount per Serving	% Daily Value	Calories 25	Total Fat 2 g 3%**	Polyunsaturated Fat 1 g †	Daily Value not established.	Sunflower Lecithin 2.4 g (2,400 mg) †	Daily Value not established.	Phosphatidyl Choline 360 mg †	Daily Value not established.
Amount per Serving	% Daily Value										
Calories 25	Total Fat 2 g 3%**										
Polyunsaturated Fat 1 g †	Daily Value not established.										
Sunflower Lecithin 2.4 g (2,400 mg) †	Daily Value not established.										
Phosphatidyl Choline 360 mg †	Daily Value not established.										

Product Description	1200 mg Phosphatidyl Choline NOW® Sunflower Lecithin has phosphatidyl choline, the most abundant phospholipid in the cell membrane, where it plays a key role in cellular signaling and synaptic function.* NOW® Sunflower Lecithin also naturally abounds in phosphatidyl inositol, phosphatidyl ethanolamine, and essential fatty acids. Lecithin in the diet aids in emulsifying fats, enabling them to be dispersed in water; and as a choline-containing phospholipid, its choline is easily absorbed and utilized by the body.* NOW® Sunflower Lecithin Softgels are non-GMO and soy-free. Natural color variation may occur in this product.
----------------------------	--