



Organic Kitchen c/o
CLF Distribution Ltd,
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Product

Name	Organic Red Kidney Beans
Description	Organic Kitchen red kidney beans are a great source of plant-based protein, fibre, iron and magnesium as well as being naturally low in fat, salt and sugar. Great in chilli dishes or try adding to your salads for an extra protein boost.
Code	ORK23
Barcode	5055177536369
Country of Origin*	Italy
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	400g (240g drained weight)
Packaging Type*	Aluminium tin with paper label, Cardboard tray outer with plastic wrap (contains 12 units)
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Shelf Life

Maximum Shelf Life	36 months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Red kidney beans*, Water. *Organic
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	636KJ (150kcal)
Fat	0.5g
Of Which Saturates	0.1g
Carbohydrates	26.5g
Of Which Sugars	0.5g
Fibre	4.9g
Protein	7.5g
Salt	0.01g

Certifications	Organic, Vegan Society
Serving Requirements	Ready to eat in salads or try in chilli dishes.