



Vitamin D3+K2

Daily oral spray

Supports the immune system, maintains healthy bones and aids muscle function

Provides 4000 IU of vitamin D3 & 100µg of vitamin K2

28 daily doses



The science

BetterYou Vitamin D3+K2 is a maximum strength oral spray delivering 4000 IU of vitamin D3 alongside 100µg of vitamin K2.

Vitamin D3 and vitamin K2 work together with each other to ensure that calcium is directed out of the arteries and into the bones where it helps improve bone density. Without enough vitamin K2, calcification within the arteries can occur, increasing the risk of heart disease.

BetterYou have sourced a bioavailable and stable form of K2 MK-7 which can be easily utilised by the body. This form of K2 has been derived from naturally occurring compounds in flowers and we can guarantee purity of the active form of K2.

Scientifically formulated to deliver the nutrients directly into the bloodstream, the tiny droplets within the spray absorb quickly via the buccal membrane of the inner cheek, providing fast and effective nutrient uptake, bypassing the primary processing by the gut.



Vitamin D supports a normal immune system



Vitamin K supports normal blood clotting



Vitamin D maintains normal bones and teeth

Research in association with the University of Sheffield and Ulster University

Our work with Cardiff University has produced a nutritional delivery system that provides an effective and convenient alternative to tablets and capsules.



Ingredients

Water, diluent (xylitol), emulsifiers (acacia gum and sunflower lecithin), medium chain triglycerides, cholecalciferol (vitamin D3), menaquinone-7 (vitamin K2), acidity regulator (citric acid), preservative (potassium sorbate), flavouring (natural peppermint oil), antioxidant (DL- α -tocopheryl acetate [vitamin E]).

Advisory information

Do not exceed recommended dosage. Contains xylitol – excessive consumption may produce laxative effects.

If you are taking anti-coagulants (blood thinners) and/or other vitamin K containing products, only take this product on the advice of a doctor.

Packaged in a protective atmosphere.

Supplements should not replace a healthy diet and exercise.

Keep out of reach and sight of children.

Planet-friendly product

The carton is made of material from well-managed, FSC®-certified forests and other controlled sources.

This product is certified free from any palm oil and palm oil derivatives.

Nutritional information		NRV*		
Each daily dose (4 sprays) contains:				
Vitamin D (as D3)	100µg (4000 IU)	2000%		
Vitamin K2 (as K2; MK-7)	100µg	133%		

RRP	Product size	Case size	Dosage	Daily doses
£12.49	15ml	6	4 sprays	28

*Nutrient Reference Value

Vitamin D3+K2

Daily oral spray

A maximum strength dose delivering 4000 IU of bioavailable vitamin D3.

RRP

£12.49

Product size

15ml

Product dimensions (mm)

(L x W x D)
98 x 54 x 28

Suitable for

Suitable for ages 13 years and above

Safe to use during pregnancy and breastfeeding

Suitable for vegetarians

Free from

Artificial colours & flavours

Alcohol

Dairy

Gluten & wheat

Soy

Sugar



Developed in Britain

BetterYou®